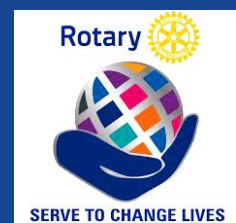


DISTRICT GOVERNOR'S NEWSLETTER



SERVE TO CHANGE LIVES
SERVIR PARA
TRANSFORMAR VIDAS

October
2021

Message from the District Governor: Dr Stella Anyangwe

The month of October has been a very busy one in D9400, with a loaded calendar of events. The month started with a very successful virtual ICC RYLA that included participants from D9210, D9400 and our partners in Germany and Switzerland. Two weeks later, the RC Brits-Hartbeespoort hosted a well-attended and successful physical RYLA in Hartbeespoort. The International Day of the Girl Child (11th October) served to highlight RI President Shekhar's initiative for Empowering Girls, and the Initiative's Assistant Ambassadors for each of the 4 countries in our District were at work, under the leadership of their coordinator, DGE Koekie, and the Initiative's Ambassador for Region 28, IPDG Annemarie. Not to forget that October was also Breast Cancer Awareness month, and pink ribbons adorned everything.

Our newest satellite club (Rotary Club of Pretoria West Satellite club UHURU), chartered only in September, is already working hard on its project on childhood cancers at the Dr George Mukhari Academic Hospital in Pretoria. Rotarians across the District celebrated World Polio Day (24th October), Rotary's highlight for the month of October. Even the WHO Director General congratulated Rotary for all we've done so far in making the world closer to eradicating Polio. We'll persist in our efforts till Polio is eradicated! And to crown all the great happenings in October was the recommendation by WHO of the groundbreaking malaria vaccine (RTS, S/AS01) for children at risk of malaria in regions with moderate to high malaria transmission. This is particularly good news for countries in sub-Saharan Africa where more than 200,000 children under the age of five years die from malaria each year.



Dr Stella Anyangwe and Carl

With regards to club visits, I have barely one week left to complete them. I have been able to physically visit only three clubs of the 70 Rotary Clubs in our District, the rest of the visits having been virtual, due to ongoing COVID-19 restrictions. It is my hope that in the second half of the Rotary Year, I will be able to visit some projects in each of the four countries in our District.

Let me once more appreciate the work that the Assistant Governors are doing, facilitating and participating in the club visits. I rely on AGs' reports to enable me support clubs adequately.

Mensagem Da Governadora Do Distrito: Dr Stella Anyangwe

O mês de Outubro foi muito intenso no D9400, com um calendário cheio de eventos. O mês começou com um muito bem sucedido ICC RYLA que incluiu participantes dos D9210, D9400 e os nossos parceiros da Alemanha e Suíça. Duas semanas depois, o RC de RC Brits-Hartbeespoort acolheu em Hartbeespoort um RYLA presencial bem sucedido e com boa participação. O Dia Internacional da Rapariga (11 de Outubro) serviu para sublinhar a Iniciativa do Presidente Shekhar do RI de Empoderamento de Raparigas bem como a Iniciativa das Assistentes de Embaixadoras em cada um dos 4 países do nosso Distrito que já funciona liderada pela sua Coordenadora, a DGE Koekie, e a Iniciativa da Embaixadora para a Região 28, a IPDG Annemarie. Sem deixar de referir que Outubro também foi o mês de Conscientização sobre o Cancro da Mama com as fitas cor de rosa a enfeitarem tudo.

O nosso mais novo clube satélite (o Satellite club UHURU do Rotary Club de Pretória West), estabelecido em Setembro, já está empenhado a trabalhar seriamente no projecto de cancros infantis no Hospital Universitário Dr. George Mukhari em Pretória. Em todo o Distrito, os Rotários celebraram o Dia Mundial Anti Pólio (24 de Outubro), o grande evento Rotário do mês de Outubro. Inclusivamente, o Director Geral da OMS felicitou o Rotary por tudo o que temos estado a fazer para colocar o mundo mais próximo da erradicação da Pólio. Vamos continuar nos nossos até que a Pólio seja erradicada! E a recomendação da OMS em relação à nova vacina contra a malária (RTS, S/AS01) para crianças em risco de malária em regiões de moderada a alta transmissão de malária coroou os grandes acontecimentos de Outubro. Esta é uma notícia particularmente boa para os países da África sub-Sahariana onde mais de 200.000 crianças com menos de cinco anos morrem anualmente de malária.

Quanto às visitas a clubes, resta-me cerca de uma semana para as completar. Só tive a possibilidade de visitar fisicamente três clubes dos 70 Clubes Rotários no nosso Distrito, tendo as restantes visitas sido virtuais, devido às restrições em curso do COVID 19. É minha esperança que na segunda metade do Ano Rotário, eu possa visitar alguns projectos em cada um dos quatro países do nosso Distrito.

Deixem-me mais uma vez apreciar o trabalho que os Assistentes do Governador estão a fazer, facilitando e participando nas visitas aos clubes. Confio nos relatórios dos AGs para me permitir dar apoio adequado aos clubes.

Over the years, our District has held Rotary Family Health Days (RFHD) in October. Since COVID-19 started, we've not had our usual 3-day District-wide RFHD. On 5th November, there will be a low-key hybrid launch of the 2021 RFHD in Melusi informal settlement in Pretoria West, by the South African Minister of Health, and targeting people with Disabilities.

November is Rotary Foundation month, and all clubs and Rotarians are encouraged to **"Give More to Do More"**, RI President Shekhar's slogan for his plea to increase donations to the Rotary Foundation. Our

donations to the Annual Fund will ensure that there's enough for grants that do so much good around the world, and donations to PolioPlus will make polio eradication feasible.

Nominations for District Governor Nominee-Designate (DGND), or District Governor for the 2024-25 Rotary Year, are still expected, and the relevant documents from prospective DGND candidates (a detailed CV, together with a signed completed Governor-Nominee Designate Form) must reach IPDG Annemarie Mostert, Chairperson of the District Nominating Committee (nominations@rotary9400.org.za) by midnight of 15 November 2021.

Registration for the 2022 hybrid Presidential conference in Maputo is already open. Rotarians are encouraged to register in numbers to attend physically because RI President Shekhar will be present in Maputo. We must make the conference a memorable one, for him and for our District.

Remember to get vaccinated against COVID-19, and to continue with the COVID-prevention measures of social distancing, mask wearing and hand washing. It is our moral and social duty to do so, to protect ourselves and others. It is the truth; it is fair to all concerned; it will build goodwill and better friendship; it is beneficial to all concerned.



Ao longo dos anos, o nosso Distrito tem celebrado, em Outubro, os Dias de Saúde da Família Rotária. Desde que o COVID 19 começou, os 3 dias de grande RFHD não têm tido lugar. A 5 de Novembro, haverá um lançamento modesto do RFHD alusivo a 2021 em Melusi, um bairro informal de Pretória West, com presença do Ministro da Saúde Sul Africano e visando pessoas com deficiência.

Novembro é o mês da Fundação Rotária e todos os clubes são encorajados a **"Dar mais para se fazer mais"**, o slogan do Presidente do RI President Shekhar no seu apelo para que se aumentem as doações à Fundação Rotária. As

nossas doações ao Fundo Anual vão assegurar que haja bastantes fundos que permitem fazer tanto bem no mundo, assim como as doações para a Pólio Plus vão tornar a possível a erradicação da pólio.

São ainda esperadas as nomeações para Governador do Distrito Indicado (DGND) ou seja o Governador do Distrito para o Ano Rotário 2024-25 bem como os documentos relevantes dos candidatos interessados (CV detalhado acompanhado do formulário para Governador do Distrito Indicado devidamente preenchido e assinado) que devem ser encaminhados à IPDG Annemarie Mostert, Presidente do Comité Distrital de Selecção (nominations@rotary9400.org.za) até à meia noite de 15 de Novembro de 2021.

O registo para a Conferência Presidencial 2022 em Maputo e em formato híbrido, já está aberto. Encoraja-se os Rotários a registarem-se em número que permitam a participação física porque o Presidente Shekhar do RI estará presente em Maputo. Temos de fazer uma conferência memorável tanto para ele como para o nosso Distrito.

Lembrem-se de ser vacinados contra a COVID 19 e continuem a praticar as medidas de prevenção – uso de máscara e lavagem das mãos. É nossa responsabilidade moral e social fazê-lo para nos protegemos a nós próprios e aos outros. É a verdade; é justo para todos os interessados; vai criar boa vontade e melhores amizades; será benéfico para todos os interessados.









Creating a Knowledge Database for D9400

"Developing our expert database is to have a list of experts that Clubs can approach for assistance to not only come up with bankable projects but also complete and report on these projects, timeously" said Kobla Quashie, Chairman of the District International Service Committee (DISC).

Rotary International prides itself on bringing together business and professional leaders to provide humanitarian service around the world. It is no different with District 9400 that encourages members to participate in causes that align with the motto "Service Above Self".

The District is taking this a step further by creating a database of specialists. Please click on the email address to register for inclusion in this database alice@rotary9400.org.za

Are you a specialist in one or more of the following fields?

-  **Grant Preparation**
-  **Needs Assessment**
-  **Project Monitoring and Evaluation**
-  **Reporting**
-  **Fundraising**
-  **Project Management**

NOVEMBER is ROTARY FOUNDATION MONTH

Rotary International has designated November as Rotary Foundation Month. At the 1917 convention, outgoing Rotary president Arch Klumph proposed setting up an endowment "for the purpose of doing good in the world." That one idea, and an initial contribution of \$26.50, set in motion a powerful force that has transformed millions of lives around the globe.

Since it was founded more than 100 years ago, the Rotary Foundation has spent more than \$4 billion on life-changing, sustainable projects, helping Rotarians to advance world understanding, goodwill, and peace by improving health, providing quality education, improving the environment, and alleviating poverty.

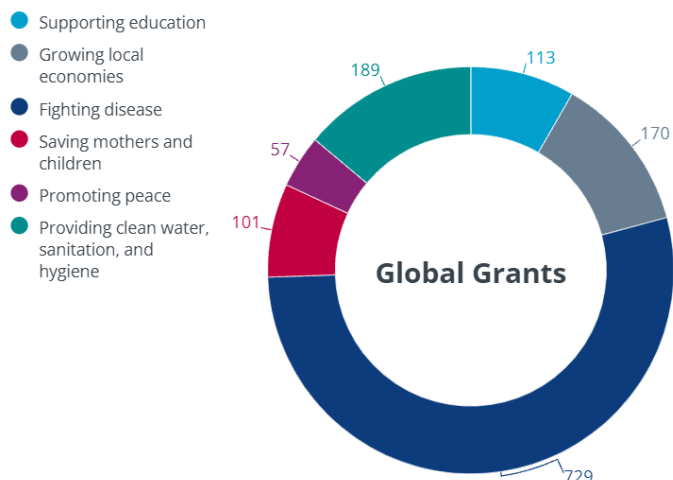
What impact can one donation have?

- ✚ For as little as 60 cents, a child can be protected from polio.
- ✚ \$50 can provide clean water to help fight waterborne illness.
- ✚ \$500 can launch an antibullying campaign and create a safe environment for children.

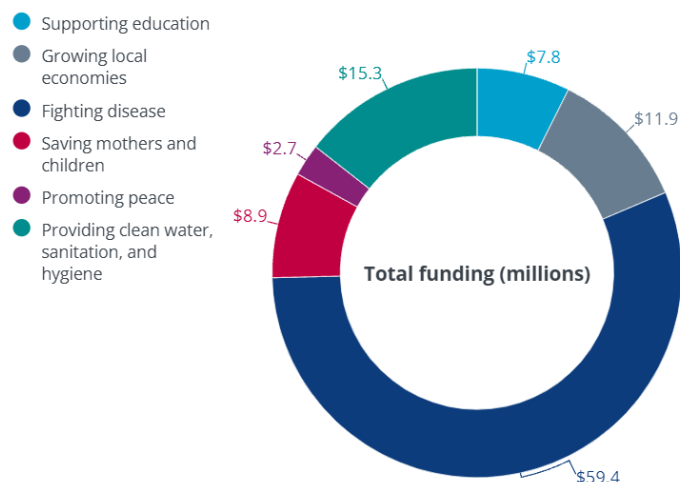
Altogether 91% of funds are spent on program awards and operations, making Rotary International a 4-star charity – the Charity Navigator's highest level.



Number of Global Grants



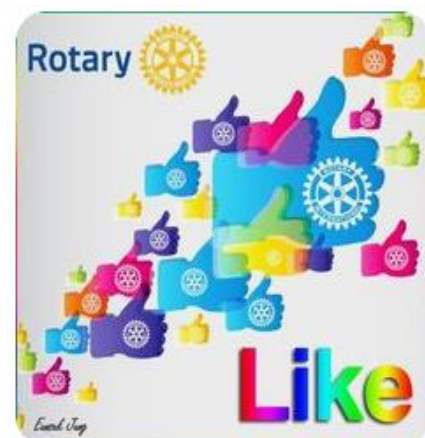
Total funding (millions)



Rotary's Learning Center

Have you seen the improvements in [Rotary's Learning Center](#)?

- ✚ Check out the new home page with course catalogues organised by topic to help you find courses more easily.
- ✚ Review the updated [Getting Started with the Learning Center](#) course for information on accessing the site via mobile app. Check out all the new courses in the updated [course catalogue](#).



MAHATMA AWARD 2021

FOR RI PRESIDENT

RI President, Sri Shekhar Mehta, received the prestigious Mahatma Award from the India International Centre in Delhi, India during October.



The Mahatma Award recognises change makers across the globe who are making a social impact and leading the way to a sustainable future.

On receiving his award, President Mehta responded as follows: "Service has been rewarding for me throughout my life. I know the same is true for many of you. The spark that Rotary kindled within me forced me to look beyond myself and embrace humanity."

... Service is the rent I pay for the space I occupy on Earth ...

It made service a way of life and led me to a guiding principle I still stand by, Service is the rent I pay for the space I occupy on Earth. I am happy to see the efforts we are making, for the betterment of society, are impacting the lives of many. One proof is to be receiving the prestigious Mahatma Award for the work we did in Rotary India Literacy Mission."



MAHATMA AWARD 2021

महात्मा पुरस्कार

Mahatma Award recognizes change makers across the globe who are making a social impact and leading the way to a sustainable future.

Award distribution by
Dr. Kiran Bedi, Chief Guest
24th Lieutenant Governor of Puducherry
October 1 '2021, India International Centre, Delhi, India



Mahatma Award Recognizes



Sri Shekhar Mehta
President, Rotary International
For creating Social Impact through
Rotary India Literacy Mission



Rotary
India Literacy Mission

Gandhi Jayanti is an event celebrated in India to mark the birthday of Mahatma Gandhi. It is celebrated annually on 2 October and is one of the three national holidays of India. The United Nations also declared 2 October the **International Day of Non-Violence** – on the birth anniversary of Mahatma Gandhi, who helped lead India to independence and inspired movements for civil rights and freedom across the world.

D9400 receives District Citation award for 2020-2021

D9400 is one of only 102 Rotary Districts recognised out of a total 535 Districts world-wide to receive this prestigious District Citation award for 2020-2021. Globally, the Rotary Districts fall into 34 zones that include over 200 countries. Holger Knaack, 2020-2021 RI President, made this award early in October in recognition of D9400's achievements and its leadership.

He said "As we reflect on an extraordinary year, I am so proud and inspired by how our clubs continued to find innovative ways to connect with their members, communities, and the world."

During the 2020-2021 Rotary year, under the leadership of DG Annemarie, the clubs in District 9400 worked to increase their membership, contribute to The Rotary Foundation, serve their communities, participate in Rotary programs, improve their public image, and so much more. As a result, at least half of the Rotary clubs in your district earned the 2020-2021 Rotary Citation.

I am pleased to recognize this accomplishment by presenting D9400 with the 2020-21 District Citation digital certificate. Your district is one of 102 districts worldwide to receive this award, earning the Rotary Citation.

I encourage you to share the recognition with your district leadership team as motivation to achieve this prestigious award again in 2021-22. Again, I congratulate you on your efforts to grow Rotary and for demonstrating how Rotary Opens Opportunities!"



Rotary will benefit from first Malaria Vaccine

Earlier this year, Rotary awarded the very first Global Grant (\$2 million) for a Project of Scale in our Zone 22 to Rotary club-led partners in D9210 for a Malaria-Free Zambia program. An additional \$4 million was contributed by partners, the Bill & Melinda Gates Foundation and World Vision USA. This project will now get a major boost from the endorsement of a new vaccine by the World Health Organization (WHO) during October.

The [WHO's endorsement](#) is the first step in a process that should lead to wide distribution of a malaria vaccine that is safe and moderately effective in poor countries. The recommendation of this vaccine is based on results from an ongoing pilot program in Ghana, Kenya and Malawi where more than 2.3 million doses have been administered, reaching more than 800,000 children since 2019. [Financing](#) for the pilot programme has been mobilized through an unprecedented collaboration among three key global health funding bodies: [Gavi, the Vaccine Alliance](#); the Global Fund to Fight AIDS, Tuberculosis and Malaria; and Unitaidd with support from the [Bill and Melinda Gates Foundation](#).



Malaria is rare in the developed world but it kills about half a million people each year in sub-Saharan Africa — including 260,000 children under 5. The malaria parasite is carried by mosquitoes. Bed nets, presently the most widespread preventive measure, cut malaria deaths in children under 5 only by about 20 percent. The development of a vaccine against this parasite is thus a breakthrough for science, child health and malaria control. Its use, in addition to existing tools to prevent malaria, could save tens of thousands of young lives each year.



... a breakthrough for science, child health and malaria control...

The [vaccine](#) requires four injections; three doses between ages 5 and 17 months, and another roughly 18 months later. Following clinical trials, the vaccine was tried out in Kenya, Malawi and Ghana where it was incorporated into routine immunization programs and bumped up the percentage of children protected against malaria in some way to more than 90 percent, from less than 70 percent.



The vaccine rouses a child's immune system to thwart *Plasmodium falciparum*, the deadliest of five malaria pathogens and the most prevalent in Africa.

A modelling study last year estimated that if the vaccine were rolled out to countries with the highest incidence of malaria, it could prevent 5.4 million cases and 23,000 deaths in children younger than 5 each year.

5 ways your club can support diversity, equity, and inclusion:

1. Share our updated statement about Rotary's commitment to DEI with your members via email or at a club meeting.
2. Post the updated statement to your club website and social media accounts, and link to it in your club's email signatures.
3. Use the statement to discuss how your club can be more diverse, equitable, and inclusive for current and future members.
4. Encourage your fellow members to be respectful of one another and speak up when a person's actions don't reflect our ideals and values.
5. Expand your knowledge by taking a DEI course in the Learning Center.

At Rotary, we understand that cultivating a diverse, equitable, and inclusive (DEI) culture is essential to realizing our vision of a world where people unite and take action to create lasting change.

**Find
more
resources
here**

Did your Club take action for World Polio Day?



Help Rotary eradicate polio by making a donation in honour of

WORLD POLIO DAY

Your contribution will be tripled by the Bill & Melinda Gates Foundation.

DONATE HERE NOW



Rotary International is committed to continuing the campaign to eradicate polio until the WHO declares polio is eradicated. This means the interruption of the transmission of polio viruses for at least three years, in the presence of agreed surveillance and when polio virus stocks have been contained.

Polio is a highly infectious, crippling and potentially fatal viral disease which mainly affects young children. There is no cure, but there are effective vaccines. The strategy to eradicate polio is based on preventing infection by immunising every child until transmission stops and the world is polio-free. The source of polio virus transmission is infectious humans spread mainly through the faecal-oral route or, less frequently, by a common vehicle (e.g. contaminated water or food) and multiplies in the intestine, from where it can invade the nervous system and can cause paralysis. But, less than 1 in 200 infections leads to this. Of those paralysed, 5% to 10% die when their breathing muscles become immobilised.

**DISCOVER
NEW HORIZONS**

Houston, Texas, USA, 4-8 June 2022
Register today at convention.rotary.org



Join us at the 2022 Rotary International Convention 4-8 June 2022 in Houston, Texas, USA.

As Rotary members, we use our connections to create lasting change in our communities and around the world.

Although we've all faced the challenges of the pandemic for the past year and a half, we've continued to take action, solve problems, and make a positive impact. So, we are optimistic that we can gather in person to explore new opportunities for friendship and service

Don't miss this chance to strengthen your passion for Rotary. At the convention, you will:

- ✚ Develop new friendships and strengthen old ones
- ✚ Share your Rotary experiences and learn more ways to get involved
- ✚ Find inspiration in the family of Rotary

[Register now](#) to take advantage of our reduced rate, available until 15 December 2021. You'll be able to cancel for a full refund, minus a \$50 per person administration fee, until 30 April 2022.

ROTARIAN WINS NOBEL PRIZE

Rotarian Benjamin List, member of the RC Mülheim ad Ruhr-Schloß Broich, Germany won the Nobel Prize for Chemistry.

He shares the prize with the US researcher David WC MacMillan. Both have developed methods of accelerating chemical reactions.

Read the interview with him for Rotary Magazine for Germany & Austria [here](#)



Time to celebrate our Rotary Heroes! NOMINATE NOW



Interact Video Awards

Recognizes outstanding videos created by Interactors.

Who can nominate:

Interactors or sponsor Rotary club members

Nomination period: 1 October-1 December

Award type: plaque or certificate

Resources:

[Interact Facebook page](#)

[Interact YouTube channel](#)

Rotary District 9400   SERVE TO CHANGE LIVES
SERVIR PARA TRANSFORMAR VIDAS

#KeepPolioZero Campaign

**For every T-Shirt ordered R10
will be donated to
The Polio Plus Fund!**



Place your order with Simon
rotary@promoworld.co.za

Place orders at a club level to save on delivery costs

WINNERS OF THE REGIONAL PUBLIC IMAGE COMPETITION 2020/21 AWARDS

CATEGORY PRESENTED TO

Best Club Facebook Page District 9400

Best Club Website District 9400

Best Rotary story Mmatepeng Violet Temane, Rotary Club of Waterkloof

**Never-give-up attitude, strong moral compass,
and exceptional commitment to growing
awareness of Rotary in your communities** George Senosha, Rotary Club of Waterkloof

**Exceptional public image awareness campaigns
for "ARCoM" and "Rotary Africa Centennial"** Shereen Hunter

**Consistent support and article submission to
Rotary Africa / South Magazine**

Rotary Club of Benoni-Aurora
Rotary Club of Boksburg
Rotary Club of Gaborone
Rotary Club of Johannesburg
Rotary Club of Johannesburg New Dawn
Rotary Club of Polokwane
Rotary Club of Pretoria East
Rotary Club of Rosebank
Rotary Club of Pietersburg 100
Annemarie Mostert, Rotary E-Club D9400

Highly Commended

Highly Commended

Good Effort

Highly Commended

Special Recognition

Good Effort

Good Effort

Good Effort

Good Effort

Good Effort

Good Effort

Good Effort

Good Effort

Special Recognition

Highly Commended





D9400 PEOPLE OF ACTION

Click [here](#) to view Club newsletters and stories online!

Send your Club Newsletters to admin@rotary9400.org.za to have them loaded onto the D9400 website!

This year Rotary Club of Brits Hartbeespoort decided to make a real impact to promote World Polio Day. At the beginning of October, we approached 4 local schools and sold the idea to the various principals. We then approached Harties Aerial Cableway to sponsor and they offered a prize to one class at each school who could collect the most money toward Polio eradication. The respective teachers at each school also qualified. The winning classes each received a trip up the cableway with a class party on top of the Magaliesburg. This included pizza, cool drinks, ice cream and musical entertainment. Two Interact Clubs promoted this event at their schools and many participated in the quizzes during the October Club meetings to heighten awareness. This has led to the keen interest of a school that will start an Interact Club to be launched early in 2022.

Rotary Club of Brits Hartbeespoort



At the 9th Annual Van Gaalen 24-hour Mountain Bike Race, Rotary members joined the race to raise awareness around ENDPolio to participants. The race is hosted annually by the Van Gaalen Cheese Farm and is one of the best family fun and team building mountain bike events in South Africa where participants camp on Van Gaalen Cheese Farm and for 24 hours ride either as individuals or in teams of 2, 4, 6 or 8 riders. The Rotary Mountain Bike Riders raised more funds towards END Polio and Polio Plus.



Rotary Club of Benoni Aurora

The Rotary Club of Benoni Aurora did not want to be left behind as they supported the Paint Your Pinkie for Polio initiative, which is an initiative introduced by the Rotary Club of Brits-Hartebeespoort.



The commemoration was marked by an awareness drive about the effects of Polio and the strides taken to fight it to date. This saw Rotary and family members and Rotary Anns painting their "pinkie" nail (small finger) purple as a sign of their commitment to ENDPolio. Through the sale of commemorative ribbons and masks, the Rotary Club of Benoni Aurora's fundraising committee were able to raise a sizable amount which will be matched by Rotary International and Rotary Anns. The funds will be donated to Polio Plus.

Rotary Club of Vanderbijlpark

The Rotary Club of Vanderbijlpark commemorated World Polio Day by hosting their annual breakfast fundraiser at Stonehaven on Vaal which was attended by members of the Rotex Club (former and prospective exchange students), members of Rotary Club of Riverside and Friends of Rotary. Over a delectable breakfast, guests were informed about the importance of eradicating Polio and how they can be part of the fight against ENDPolio.



The highlight of the event was PP Rita Benecke's account about the Rotary Polio Doll she received at a Rotary Convention in Mexico. This doll created quite a fuss at border control through her travels and she shared a few of these with guests. The doll is raffled annually to guests to raise funds to be donated to Polio Plus. The Rotary Polio Doll is now in the safe care of the winner, President Celeste Lance until the 2022 raffle.



Rotary Club of Gaborone

This was one of 320 wheelchairs made possible through the Global Grant because of partnerships with Rotary Clubs of Gaborone, Ruthin (Wales), Selebi-Phikwe (Botswana), Wrexham (Wales), the Wheelchair Foundation UK, District 9400 and District 1180 (Wales).



ENDPolio took to the airwaves in Botswana. The Rotary Club of Gaborone was featured in the local media in Botswana by Gabs FM and the Botswana National Broadcaster's, BTV Breakfast Show. The radio and TV programmes reached just close to 1 million listeners and viewers who were informed about:



"The use of media to broadcast messages about Rotary and its programmes will definitely put us in good stead to raise awareness about societal issues and how Rotary members are tackling these," said Bill McLellan and Olivia Nthoi who represented Rotary Club of Gaborone on both interviews.

- ✚ The origins of Polio and the development of the vaccine. Although it is eradicated in Botswana, why should Botswana still care about Polio.
- ✚ The importance of eradicating Polio to prevent another Polio pandemic.
- ✚ How to donate to ENDPolio Now.
- ✚ Information about the Polio vaccines, such as MMR.
- ✚ The importance to be vaccinated for COVID-19.
- ✚ Lessons learned with the Polio pandemic that can be applied COVID-19 and future pandemics.
- ✚ How Rotary supports communities through its areas of focus and a call to listeners and viewers to join Rotary.

Rotary Club of Gaborone

Rotary Club of Randburg

The Rotary Club of Randburg which is known for keeping its finger on the pulse to maintain momentum, has managed the formation of two Clubs.

The Noble Pursuits, the Club's sponsored Rotaract Club was inducted virtually by AG Jean Bernardo and its President Jessica Powell. This induction, followed by a talk on African Spirituality delivered by Xhanti Madolo of the organisation Gogo Online, showed the Club's support for inclusion and diversity.



Khensani's Collection allows for learners from schools in the Diepsloot township of Johannesburg, South Africa, to attend extra lessons at its premises. This led to the formation of Khensani's Collection Interact Club, the members of which were inducted by the Club President Diana Musara, Club Secretary Clive Smedmor and Interact President Lisa Ndwandwa. The event was attended by Khensani's Collection Board members, parents and community members, coordinated by Community Corp Leader, Thinkwell Moyo.

Rotary Club of Randburg will forever be grateful to its two Advisors, Zanele Nkosi for Rotaract, and Busisiwe Marule for Interact. They were instrumental in the formation of these two Clubs.

As one who has struggled with depression and anxiety in recent years after a break-up and the strain of the pandemic on his company, Henry Cock, a Johannesburg based businessman, has been training for months to run 133 consecutive half marathons over 133 days and covering a distance of 2800 kilometres. This attempt will end in Vioolsdrift in Namibia. To date, he has raised just over R700,000 of the planned R4 million for the South African Depression and Anxiety Group (SADAG) to keep the suicide helpline active.

He is not a professional athlete by his own admission but has taken on this feat in an attempt to stop the stigma surrounding mental health and to become a beacon of hope for those who suffer in silence.

Rotary Club of Morningside has, in recent months, showcased events where speakers were invited to share information about depression and anxiety, including SADAG. It was only befitting that the Club contribute to this epic run by donating 10 cents towards every kilometre that Henry Cock achieves.

Readers can learn more about the Rotary Action Group on Mental Health Initiatives [Home Page | RAG on Mental Health Initiatives](#). The site has valuable resources and toolkits.

Rotary Club of Morningside



Pietersburg 100 Anns did much-needed renovations to the kitchen of the Ons Tuis Care Home. The Anns fitted a new kitchen that will help to generate funds for the Home by making delectable meals to be sold to their customers.

Worth Celebrating - 50 Years of Service Above Self was recognised in the local media. Congratulations Gill Davey and Rhoda Toker.

Rotary Club of Pietersburg 100 Anns

Rotary Club of Rosebank

World Hospice and Palliative Care Day 2021 was commemorated on 9 October. The Rotary Club of Rosebank marked this day at the Baragwanath Hospital in Soweto, South Africa, by handing over a refurbished container for the palliative caregivers to use as a training facility. It will also function as a place of quiet respite for caregivers of those suffering from serious, complex and, in most instances, terminal illnesses.



"We aimed to recognise and celebrate the caregivers, also known as "Grannies" for their continued support of the terminally ill. As is required with palliative care, the Grannies visit the terminally ill in their homes to care for them. The refurbished container is a labour of love for their selflessness in caring for those in need" said AG Jean Bernardo.

The theme for 2021, "Leave No One Behind" was definitely what James and Charlotte Croswell had in mind when they endeavoured to make this a memorable event for all who attended the handover ceremony. The Grannies and guests were also gifted with lovingly wrapped succulent plants.



Rotary Club of Gaborone

The first Futsal Park in Gaborone was launched through partnerships with the Rotary Club of Gaborone, Rotary Clubs Rivermead (Chelmsford), Ingatestone, Clacton-on-Sea and Dunmow in Essex, the UK. The Rotary Club of Gaborone and its UK Partners have supplied a pump, powered by the solar system and batteries to the First Bontleng (Place of Beauty) Futsal Park.

[Read more](#) about how the Rotary Club of Gaborone is turning a court into more than a sports complex, but a place of beauty for their community members.



DISTRICT POSITIONS CALLING FOR NOMINATIONS

DEADLINE: 15 November



❖ DISTRICT GOVERNOR 2024/25

Please use the official nomination form sent to all members in D9400.

READ MORE:

[Qualifications](#)

SUBMIT to:

IPDG Annemarie Mostert, Chairperson of the District Nominating Committee

nominations@rotary9400.org.za

❖ CHAIR OF DISTRICT COMMITTEES 2022/23

3 POSITIONS

SUBMIT to:

DGE Koekie Makunyane-Quashie

koekie@rotary9400.org.za

CHAIR FRIENDSHIP EXCHANGE	CHAIR YOUTH EXCHANGE	CHAIR RYLA
Lead, manage and administer the activities of the RFE Committee		
READ MORE: RFE; Role description; RFE Handbook	READ MORE: Role description; Handbook for Youth Exchange	READ MORE: Role description; Handbook for RYLA



District 9400 EVENTS CALENDAR

- | | | |
|--------------|---------------|--|
| 1-7 | November 2021 | World Interact Week - Recognize Interact clubs that celebrate the founding of the first club during the week of 5 November (from Monday to Sunday) |
| 3 | November 2021 | Rotary Means Business Zoom meeting on |
| 6 | November 2021 | 08:30-10:00 District Public Image Committee Zoom training on Reputation Management: <i>How do you grow your reputation?</i>
Open to all Rotarians, Anns and Rotaract members. Please register here |
| 9 | November 2021 | 19:00-20:30 District Public Image Committee Zoom course on Reputation Management: <i>What do you do when it goes wrong?</i>
Open to all Rotarians, Anns and Rotaract members. Please register here |
| 26-27 | November 2021 | Presidential Conference – Manila, Philippines on Growing Local Economies & Protecting the Environment |
| 4-5 | March 2022 | Presidential Conference – Maputo, Mozambique on Economics and peace, Protecting the environment. See video |
| 18-20 | March 2022 | Presidential Conference – Venice, Italy on Economy & Environment in Harmony |
| 10-14 | April 2022 | Council on Legislation - Chicago, USA |
| 4-8 | June 2022 | Rotary International Convention , Houston Texas, USA
Register here |
| 16-19 | June 2022 | Hybrid D9400 Conference - Forever Resorts, Bela Bela (Warmbaths), Limpopo |

The Four-Way Test

Of the things we think, Say or do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL & BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

DISTRICT 9400



Botswana

Mozambique

South Africa

Eswatini

A Prova Quádrupla

Do que pensamos, dizemos ou fazemos:

1. É a VERDADE?
2. É JUSTO para todos os interessados?
3. Criará boa VONTADE e MELHORES AMIZADES?
4. Será BENÉFICO para todos os interessados?

To view the 4-Way Test in some of the other languages spoken in D9400, click [here](#)

DISTRICT GOVERNOR

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DESIGN & LAYOUT

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