DISTRICT GOVERNOR'S NEWSLETTER



Botswana, Eswatini, Mozambique and South Africa

APRIL 2023



Message from the District Governor: Koekie Makanyane-Quashie

Mensagem Da Governadora Do Distrito: Koekie Makunyane-Quashie

My Dear Family of Rotary,

Rotary International's theme for April was Maternal and Child Health.

Last month we highlighted the efforts of Rotarians to provide clean water and sanitation to areas of our countries lacking these basic necessities.

Lack of proper sanitation is indeed a major cause of child mortality across the globe due to infectious diseases. It is said that one of the measurable indexes of the quality of health care in a country is infant mortality. Another measure of importance is the number of deaths of children under 5 per 1000 live births.

Every day mothers risk their lives giving birth and millions of children die each year from treatable, preventable causes.

During April, which is dedicated to maternal and child health, we reflected on the many efforts that Rotarians and Rotary International have been involved in to remedy this situation. To help reduce this rate, Rotarians provide immunizations and antibiotics to babies, improve access to essential medical services, and support trained health care providers for mothers and their children.

We should be proud of our efforts that enabled successful Rotary Family Health Days to take place across our District. We should be proud of the continued efforts by our partners the Rotaractors and Anns, who continuously provide the necessary equipment and supplies to new-borns and birthing mothers, emphasizing the fact that every month should in fact be treated as a 'Rotary July'. Afterall, we are people of action and impact, therefore the more reason why we should continue our "Imagine impact tours" and be proud to "Tell our Rotary story".

So, don't forget to tell the story of Discon 2023 in Eswatini, the "Mountain Kingdom"!

Minha querida família Rotária,

O tema do Rotary International para Abril é Saúde Materno-Infantil.

No mês passado, destacamos os esforços dos Rotários para fornecer água potável e saneamento básico para áreas dos nossos países que carecem destas necessidades básicas.

A falta de saneamento adequado é, de facto, uma das principais causas de mortalidade infantil em todo o mundo devido a doenças infecciosas. Diz-se que um dos índices mensuráveis da qualidade dos cuidados de saúde num país é a mortalidade infantil. Outra medida importante é o número de mortes de crianças com menos de 5 anos por 1000 nados-vivos.

Todos os dias, as mães arriscam a vida ao dar à luz e milhões de crianças morrem todos os anos de causas tratáveis e evitáveis.

Em Abril, dedicado à saúde materno-infantil, reflectimos sobre os muitos esforços que os Rotários

e o Rotary International têm feito para remediar essa situação. Para ajudar a reduzir essa taxa, Rotários disponibilizam imunizações e antibióticos aos bebés, melhoraram o acesso a serviços médicos essenciais e apoiam profissionais de saúde treinados para as mães e seus filhos.

Devemos estar orgulhosos dos nossos esforços que permitiram que as Jornadas do "Rotary Family Health Days" fossem bem-sucedidas em todo o nosso Distrito. Devemos orgulhar-nos dos esforços contínuos dos nossos parceiros, os Rotaractianos e ainda as Anns, que disponibilizam continuamente os equipamentos e suprimentos necessários aos recém-nascidos e mães que dão à luz, enfatizando o facto de que todos os meses devem, de facto, ser tratados como o mês de "Julho do Rotary". Afinal, somos pessoas de acção e impacto, por isso, mais uma razão pela qual devemos continuar os nossos "Imagine Impact Tours" e nos orgulhar de "Contar a nossa história do Rotary".

Então, não se esqueça de contar a história da Conferência do Distrito (DISCON) 2023 em Eswatini, o "Reino da Montanha"!



2022/2023 DG Koekie Makunyane-Quashie

Message from Tennifer Tones RI President 2022-23



Mensagem Da Tennifer Tones RI Presidente 2022-23

Introducing the Rotary Youth Network

How do you take the best from the worst?

None of us will forget how the pandemic altered our world and our lives. Each of us had to traverse this period of uncertainty, and no one had a free pass from the effects.

I personally believe this has created space for a different kind of global leadership — one that is courageous, empathetic, and vulnerable. I met my good friend Anniela Carracedo online in early 2020. She is one such leader, and I'm thrilled to turn this month's column over to her — Jennifer Jones

In March 2020, I had a panic attack. I couldn't breathe, and I felt a terrible pain in my chest.

It had been a few days since the World Health Organization declared COVID-19 a global pandemic, and I was in the middle of my year as a Rotary Youth Exchange student in the United States. Think about it: an 18-year-old girl stuck in a different country, with a foreign language, with people she had only met six months before. It was scary.

But I am familiar with uncertainty. I was born and raised in Venezuela, which is going through one of the worst humanitarian and political crises in the Western Hemisphere. But my mom always said, "Challenges are nothing more than needs that require a solution."

I called up my Interact and Youth Exchange friends. Together, we organized an online meeting to share projects and get inspired by what everyone else was doing during the quarantine. In that first meeting, we had 70 people, mainly students, from 17 countries.

From that beginning, we built an online platform for Rotary youths worldwide to share their experiences and inspire others with project ideas during isolation. We looked for mentors and supporters who would help our group connect young people, share cultures, and open new collaborative opportunities for international service projects. We called it Rotary Interactive Quarantine, or RIQ.

After only a year, we engaged with more than 5,000 students from 80 countries. Several of our team members became district Interact representatives and district committee members, and some of us even serve on Rotary International councils.

Eventually, quarantine restrictions were being lifted, and the needs of our participants were changing. At our last official RIQ meeting, Past RI President Barry Rassin inspired us to create even bigger change, so we transformed RIQ into the Rotary Youth Network, or RYN.

A few of our members, including me, were selected to serve on the inaugural Interact Advisory Council, where we presented

Apresentação da Rede de Jovens do Rotary

Como tirar o melhor proveito do pior?

Nenhum de nós esquecerá como a pandemia alterou o nosso mundo e as nossas vidas. Cada um de nós teve de passar por este período de incerteza e ninquém teve um passe livre dos seus efeitos.

Pessoalmente, acredito que isso criou espaço para um tipo diferente de liderança global – liderança corajosa, empática e vulnerável. Conheci a minha boa amiga Anniela Carracedo online no início de 2020. Ela é um desses líderes, e estou muito feliz em passar a coluna deste mês para ela — Jennifer Jones

Em Março de 2020, tive um ataque de pânico. Não conseguia respirar e sentia uma dor terrível no peito.

Fazia alguns dias que a Organização Mundial da Saúde declarou a COVID-19 uma pandemia global, e eu estava no meio do meu ano como estudante do Intercâmbio de Jovens do Rotary nos Estados Unidos. Pensem nisto: uma rapariga de 18 anos presa num país diferente, com uma língua estrangeira, com pessoas que só conhecera seis meses antes. Foi assustador.

Mas estou familiarizada com a incerteza. Nasci e cresci na Venezuela, que atravessa uma das piores crises humanitárias e políticas do hemisfério ocidental. Mas a minha mãe sempre dizia: "Os desafios nada mais são do que necessidades que exigem uma solução".

Liguei para os meus amigos do Interact e do Intercâmbio de Jovens. Juntos, organizamos uma reunião online para partilhar projectos e nos inspirar no que todo mundo estava a fazer durante a quarentena. Neste primeiro encontro, tivemos 70 pessoas, maioritariamente estudantes, de 17 países.

Desde o início, criamos uma plataforma on-line para jovens Rotários de todo o mundo partilharem as suas experiências e inspirarem outras pessoas com ideias de projectos durante o isolamento. Procurámos mentores e apoiantes para ajudar o nosso grupo a ligar jovens, partilhar culturas e abrir novas oportunidades de colaboração para projectos de serviços internacionais. Chamamos isso de Quarentena Interactiva do Rotary, ou RIQ.

Depois de apenas um ano, nos envolvemos com mais de 5.000 estudantes de 80 países. Vários membros da nossa equipa tornaram-se representantes distritais do Interact e membros de comissões distritais, e alguns de nós até servimos em conselhos do Rotary Internacional.

Eventualmente, as restrições de quarentena estavam a ser suspensas e as necessidades dos nossos participantes estavam a mudar. Na nossa última reunião oficial como RIQ, o ex-presidente do RI Barry Rassin, nos inspirou a criar uma mudança ainda maior, por isso transformamos o RIQ na Rede de Jovens do Rotary, ou RYN.

Alguns de nossos membros, incluindo eu, foram seleccionados para participar do Conselho Consultivo inaugural do Interact, onde apresentamos a nossa visão para os jovens do Rotary ao Conselho

our vision for youth in Rotary to the RI Board of Directors.

Our presentation to the Board inspired President Jennifer and her team to create a Youth Advisory Council in Rotary International, which I am honored to serve on as a co-chair.

The Rotary Youth Network officially launched during a breakout session at the 2022 Rotary International Convention in Houston. Five of us, who had participated in Interact, Youth Exchange, and Rotary Youth Leadership Awards, traveled across continents to launch an organization we had kicked off online two years before. The convention was also the first time we had met in person.

When my friends and I finished our talk, we realized more than 500 people were giving us a standing ovation. Tears filled our eyes, and the feeling of excitement and accomplishment took over.

Who would have thought that a panic attack would lead to this?

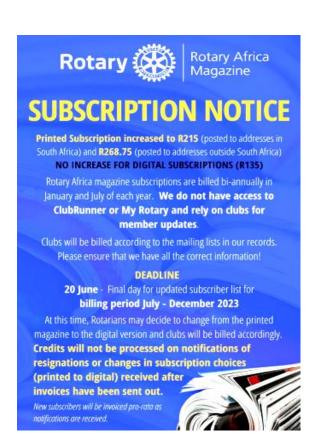
Director do RI.

A nossa apresentação ao Conselho Director inspirou a Presidente Jennifer e a sua equipa a criar um Conselho Consultivo de Jovens no Rotary Internacional, onde tenho a honra de servir como Copresidente.

A Rede de Jovens do Rotary foi lançada oficialmente durante uma sessão na Convenção do Rotary Internacional de 2022, em Houston. Cinco de nós que participaram do Interact, do Intercâmbio de Jovens e do Prémio Rotary de Liderança Juvenil viajaram por todos os continentes para lançar uma organização que havíamos começado on-line dois anos antes. A convenção também foi a primeira vez que nos encontramos pessoalmente.

Quando os meus amigos e eu terminamos a nossa palestra, notamos que mais de 500 pessoas nos aplaudiam de pé. Lágrimas encheram os nossos olhos, e a sensação de emoção e realização tomou conta.

Quem teria pensado que um ataque de pânico levaria a isso?





MAY IS YOUTH SERVICE MONTH

May is Youth Services (formerly called New Generations) Month when Rotary Clubs around the world focus on youth services. Rotary International's Structured Programs for Youth Service are: Rotaract, Interact, Rotary Youth Leadership Awards (RYLA), Youth Exchange and Earlyact. Rotary's programs are developing the next generation of leaders, providing funding to make the world a better place.

Rotaract:

Rotary and Rotaract members work side by side to take action through service. Rotaract is a global movement of young leaders, aged 18-30, developing innovative solutions to the world's most pressing challenges. Rotaract clubs exchange ideas with leaders in the community, develop leadership and



professional skills, and have fun through service. Rotaractors organize and run their own club, manage their own funds, and plan and carry out activities and service projects aligned with causes that are important to their communities. There are 9,522 Rotaract Clubs with 291,000 members in 177 countries. Everything you need to organize, certify, and manage your club is in the Rotaract Handbook.

Interact:

Interact clubs bring together young people ages 12-18 to develop leadership skills while discovering the power of Service Above Self. Young people in the community can be empowered to take action and gain a global perspective through Interact. Interact clubs organize at least two projects every year, one that helps their school or community and one that promotes international understanding. Rotary club sponsors mentor and guide Interactors as they carry out projects and develop leadership skills. There are 20,372 Interact Clubs with 468,000 members in 159 countries. Everything you need to organize, certify, and manage your club is in the Interact Guide for Rotary Club Sponsors and Advisers.

Earlyact:

Earlyact can be sponsored by a Rotary club in the township in which the school is located for youth in a primary aged. EarlyAct™ is a school-wide service club for elementary students from ages 5 to 13. It is. The mission and operation of EarlyAct™ are closely linked to the ideals of Rotary and provide the foundation and natural succession into Interact. EarlyAct™ provides young students the opportunity for gaining an increased awareness and knowledge of their community and the world. At a young age, all students can easily be encouraged to be caring and helpful. Their minds are open to recognize the dignity and worth of each individual which builds respect for others. EarlyAct™ also engages students in character-building activities and prepares them for leadership roles to identify and carry out projects which benefit their school, local and global communities. Several examples of an EarlyAct Student handbook exist like for instance in D9350 and D6970.

Programs of Scale grant application

Programs of Scale support Rotary member-led, evidence-based programs that have already demonstrated success. Scaling proven programs will benefit more people and foster policy development and sustainable programs. Visit the Programs of Scale page to learn more about the grant process and the application timeline.

Do you support a Rotary service project that has evidence of success and is ready to expand? If so, find out more about The Rotary Foundation's Programs of Scale. RI has provided insights and tips about Programs of Scale criteria and the competitive application process. If you are considering applying for a future Programs of Scale grant, download and read Rotary's Programs of Scale Grant Competition Handbook.



- A link to the online application for 2023-24 will be available by 1 June
- Clubs and districts will have until 1 August to submit concept notes summarizing their proposed program objectives, evidence of previous success and key partnerships.

ANN'S MESSAGE

FROM DGA CHRISTINA



Dear Rotary Anns,

As I write we are at the last countdown for Discon 2023, which is hosted here in eSwatini. Of course, by the time you receive this, it will all be over and we will be preparing for the new Rotary Year starting on 1st July. How the time has flown past!

As you know, and as explained at the Germiston Anns Conference, we have been unable to identify an available DGA for the coming year. But an interim leadership plan is in place and we assure you the Anns will continue as they always have: being the amazing people they are, setting a fine example of *Service Above Self* and living the Rotary 4-Way Test with their wonderful work in the communities they serve.

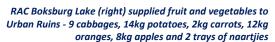
PROJECTS: As always, our Rotary Anns have been busy serving their communities while enjoying friendship.



Pietersburg Rotarians and Anns hosted a Bikers' Breakfast.



Kyalami Rotary Anns delivered animal food to Midrand SPCA





RAC Benoni Aurora held a fun work party cutting out 694 fleece scarves for Operation Anti-Freeze. Hundreds of beanies have also been made.



RAC Krugersdorp introduced their local newspaper reporter to their knitting circle, highlighting how much these ladies do to for the community. They received press coverage for their winter warmth and comfort efforts for little ones.



Our most senior active Rotary Ann, Janet Mullen of RAC Riverside, celebrated her 90th birthday on 27 March. She still works in the Vereeniging Rotary Charity Shop three days a week. Congratulations Janet, what an example you are!

POETS The date for Ann Poets Training changed again due to other Rotary commitments, and will now be on Saturday 10 June. Incoming Presidents, Secretaries and Treasurers should attend and all Anns are also encouraged to do so and keep up to date with Rotary matters, as well as have insight into the RI Theme. Your District Ann Trainer PDGA Janet Callard has a great new programme lined up for you and the Zoom link will be supplied closer to the time. We apologise for another change, which is beyond our control.

As proud of you all as ever Anns! Yours in Rotary, Service and friendship,

DGA Christina

DGA Christina Forsyth-Thompson 2022/23

Below: Boksburg Lake Anns joined the Germiston ladies at their recent monthly meeting. Although Boksburg Lake is closing at the end of June, these Anns remain active and interactive. Well done!



ROTARY

ELEVATES

HUMAN to

Rotarians Against Malaria

A Global Rotary Action Group

Rotarians around the world have created programs and take them to scale for decades through such programs as the Alliance for Malaria Prevention net distribution and also whole country programs. These programs scaled up to take entire countries down to Zero Malaria. Rotary International joined the effort to take training of Community Health Workers to scale in an African context. By joining RAM-Global you can help take Malaria control efforts to scale.

Malaria control takes many partners because the enormity of the task is daunting. Here is the link of the month from the Alliance for Malaria Prevention from April, 19, 2023.

Campaigns in 2022 distributed over 200 million mosquito nets alone. In addition, there were dozens of campaigns that integrated many other life-saving items from vaccines to deworming and Vitamin A.

Check out this presentation that highlights Ghana's campaign. This campaign is part of the Implementation of the WHO Malaria Strategic Plan 2021-25.

HUMANE RAM-Global membership has grown over 50% the past year. This is

quite an accomplishment and key to growing our ambassador program throughout the world but most importantly in regions so hard hit by malaria, such as in Africa and South America.

Donations of microscopes along with training to help detect malaria and save lives is a vital part of the solutions to Malaria. However small these many steps Rotary undertakes around the world is making a difference to bring Malaria to zero. Rotarians can help make that happen.

Be sure to register for the Global Malaria Congress on 25-26 May.

World Cleanup Day Competition 16 September 2023 ...

District 9400 Needs You!

WE ARE HAVING A DISTRICT 9400 CLEAN-UP CAMPAIGN COMPETITION!



World Cleanup Day has become the largest civic-led environmental campaign in the world with millions of people participating each year. IMAGINE every club in District 9400, with Rotarians as well as all Rotaract and Interact members, coming together to clean a park ... a river ... a street ... in their region. Proposals must briefly detail how organizations seek to undertake clean-up activities in their communities.

For more information about the PROPOSAL FORMAT and GUIDELINES, contact: Babette Gallard babettegallard@gmail.com (Rotary Club of Johannesburg new Dawn) or Mandla Mliphalf mandlamlipha@gmail.com (Rotary Club of Malkerns Valley).

They are also prepared to talk in more detail about the day and propose coming to a central venue where a number of clubs could attend together. IMAGINE the environmental impact and the fellowship.

Members needed for the Teams of **The Rotary Foundation** Committee





To find out more about the duties of each of these teams, please contact Patrick Coleman at colemanpg@gmail.com

As we approach the new Rotary year in District 9400, Rotarians are sought as team members to join the various groups the specialise in the activities of The Rotary Foundation Committee. Patrick Coleman will be assuming the position of The Rotary Foundation Committee Chair: 2023-26 and will coordinate these activities from July 1.

TEAM MEMBERS ARE NEEDED FOR THE FOLLOWING TEAMS:

- The District Rotary Foundation Grants Subcommittee (includes Global Grants & District Grants)
- The District PolioPlus Subcommittee
- The District Rotary Foundation Fundraising Committee
- The District Rotary Foundation Stewardship Committee
- ♣ The District Rotary Peace Fellowship Subcommittee
- ♣ The District Subcommittee on Vocational Training Teams

VOLUNTEERS NEEDED for Literacy and Numeracy Project



The Link Literacy and Numeracy Project is sponsored by the Rotary Club of Johannesburg New Dawn (D9400) and the Rotary Club of Parkdale-High Park-Humber, Toronto (D7070). They have been in partnership since 2018, when the project was awarded a global grant to assist with the expansion of The Link Literacy Project. After COVID many of the volunteers (mainly retirees) were hesitant to return to the weekly volunteering sessions. Pre-COVID there were in excess of 600 volunteers on The Link books and presently there are only about 450 volunteers, spread over 17 schools in Gauteng.

The number of learners that may be assisted by The Link is unfortunately limited by the number of volunteers, so the more volunteers, the more learners that may be assisted. The learners are assessed at the beginning and the end of the year, and the percentage improvement can be as much as 50 - 60%.

ABOUT THE LINK:

- ❖ We support the development of Literacy and Numeracy in children
- We are managed and staffed by volunteers
- The Link is a non-profit organisation which supports the development of literacy and numeracy in children for whom English is a second language, and who attend low income schools in Johannesburg
- Our 17 centres are located at schools in Gauteng
- All training will be provided
- All centres are well resourced with teaching materials
- To VOLUNTEER please contact info@thelinkliteracyproject.co.za
- For more information: https://www.thelinkliteracyproject.co.za/about/



It is truly amazing what a difference 45 minutes makes when working one-on-one with a learner, once a week!



D9400 PEOPLE OF ACTION

Click <u>here</u> to view Club newsletters and stories online! Send your Club Newsletters to admin@rotary9400.org.za to have them loaded onto the D9400 website!

Rotary Club of **Randburg**

Among the many challenges faced by our associated NPOs, loadshedding has become another. This is disruptive for both households and businesses.

NPOs like Miracle Mission and Mother of Peace have lamented the necessity to readjust child feeding times and experience difficulties entertaining and supervising of children during these hours of darkness.



The RC Randburg donated a gas urn to Mother of Peace. The use of gas means more water can be boiled and stored during load shedding. Hot water is important for the sterilization of bottles and making of the milk formula. The Club also donated an electric urn and loadshedding lights to Miracle Mission. These rechargeable LED lantern style lights switch on automatically as soon as the power goes off, if connected to a plug point, giving 60 hours of light on a single charge. The lights will enable the children to play or read during the load shedding hours and be better supervised than they would be in the dark.

Another urn, and electric urn, was donated to the Nelson Mandela Children's Hospital at their request.

The Club acknowledges its members for their engagement with Miracle Mission and Mother of Peace.





The Club would also like to make special mention of Dr Cecile Gericke who led the club in the engagement with the NM Hospital. Upon their request she advocated for the Club to give support. She is among the members who delivered the donation on behalf of the Club.

Rotary Club of **Maputo**

The RC Maputo distributed food kits and water purification tablets on 18 March in Nkobe and Boane, which are located in Maputo Province. In Nkobe, kits were distributed to 60 families and Boane to around 100 families displaced due to the rains last February.

The distribution in Nkobe was witnessed by the Councilor for Health, Social Action and Civil Society, Municipal Council of Matola, Ms. Paulina Chauque, and in Boane by the District Secretary of Bairro Umpala Sr. Julião Dimande.





This donation was made with support from the Rotary Clubs of Maputo, Polokwane, Morningside, Whiteriver, Witbank and Middleburg.



Rotary Club of

Brits-Hartbeespoort



RC Brits-Hartbeespoort has been driving the Preserve Planet Earth (PPE) program in their community. The flag ship program is the Cape Vulture project of which the conservation classification is vulnerable.

The project started with a viewpoint area and ablution facilities on a farm in Skeerpoort, where members can sit in comfort and watch the vultures spiral in to feed. Feeding takes place mostly on a Saturday throughout the year. A special trailer was designed and built to collect the food from a local piggery. These facilities also have information signs on the project and on the vultures to educate all those visiting.

The final phase of the project is a high quality hide close to the feeding spot which will be finally opened by June.

Vulture project viewpoint



Vulture hide

The facility will also have a wildlife garden and toilet. All the refurbishments have been done by club members.

Open mornings are held regularly and International Vulture Day is celebrated on the first Saturday in September each year.



Cape vultures at the Vulture Restaurant feeding spot

Rotary Club of **Maputo**

The Rotaract Club of Maputo, with the support of the RC Maputo, held a Workshop on Environmental Education. The event was held at the Filipe Samuel Magaia Complete Primary School on the outskirts of Maputo city on 31 March 2023.



The Workshop on Environmental Education aimed to promote good ecological habits and customs to have with the environment in children from 9 to 11 years old who attend basic education. The activity had a total of 92 participants, of which 57 were students and 35 were friends and partners of RC and Rotaract Club of Maputo. An environmental merit certificate was also handed over.

Students and other participants were able to learn how to use ecopoints in practice, how to plant and care for a tree, the difference between forestation and deforestation, impacts of deforestation on the environment, in addition to being able to visualize a map representing the number of trees on the African continent, especially in Mozambique.

Among several teachings presented, the following stood out:

- The importance of planting trees,
- Awareness of the separation of waste according to its purpose;
- Ecological points and their rules for use.













VoRUPA Team - Rotaract Club Maputo; Rotary Club Maputo; DIGESCO; Tihove Trading Ltd; I HATED; professors and Director of EPC Filipe Samuel Magaia

Rotaract Club Maputo; Rotary Club Maputo; UPA/Portuguese School; DIGESCO; Tihove Trading Ltd; Environmental Engineering Students (Polytechnic University); students, teachers and Director of EPC Filipe Samuel Magaia

Rotary Club of **Brits- Hartbeespoort**



RC Brits-Hartbeespoort Preserve Planet Earth (PPE) team's main fundraiser is the Rotary annual plant sale which is held each year at the Village Mall, normally the last weekend in September. program in their community. This helps to support all their projects.

Rotary plant sale at the Village Mall

Majestic blue cranes



An important RC Brits-Hartbeespoort project is bringing back the Blue Cranes that used to occur in the valleys, but have now declined to only a few birds. The club's Blue Crane pair is housed at Van Gaalen's cheese farm. To educate the community about these birds there are information signs on the site.



The club also drives one or two mega clean ups of the Harties area per year as well as encouraging smaller clean ups in between. To create awareness, the club co-sponsors two to three conservation mornings a year where top speakers are invited to present on all aspects of the environment. The club works closely with WESSA northern areas and Birdlife Harties.

Blue crane project enclosure

Club members are also involved in conservation and water quality around the dam serving on a few community and water affairs committees in this regard. The club has sponsored a team taking part in Birding Big day for the past close to 20 years where the sponsorship goes to Birdlife South Africa. Future projects are conserving local wetlands and a duck sanctuary where various species can roost and breed in safety.

Rotary Club of **Pretoria East**



For the last six years, RC Pretoria East has taken hands with the Bronberg Retirement Village. A thread of love has been woven into knitted or crocheted squares of various colours to make warm blankets, a zoo of stuffed animals and many sets of scarves and beanies by the residents of Bronberg and then donated to various organizations by RC Pretoria East.

During the last six years 500 Teddies and stuffed animals, 600 knitted blankets, 1200 Sets of scarves and beanies and various items of children's or baby clothing have been produced by the residents for those less privileged than themselves. Appreciation goes to all those who sponsored wool and also the many helpers who assisted with Easter projects, Mandela Day projects, Christmas projects and Woman's Day projects. All experienced the joy of giving rather than receiving.



The recipients for these items are usually selected from requests received from Rotarians, residents of the Retirement Village or from their friends.

Donations were made to Organizations supporting children, Mothers and children, the elderly or disabled and other Organizations.



Organizations supporting children: A toy library run by the Methodist Church, Omphile Phalatse School in Hebron, Home for the Needy Creche, Dove's Nest and Abba House who care for babies, Paul Kruger Home for Children, a project supporting children orphaned by HIV/AIDS in Winterveldt, the Christmas project for the Jakaranda Children's Home, the crèche at New Hope School for children with Autism, Louis Botha Children's Home, the Grade R and Grade RR pupils of Tuinrand Primary School, babies and toddlers from a Missionary Station in Ficksburg, children receiving Chemo treatment at Nicus Lodge at Steve Biko Hospital.

Mothers and children: An organized squatter camp in Kameeldrift, an organized squatter camp in Bon Accord, Mission Expo from the Presbyterian Church who supports ladies with breast cancer, Ebenaeser Place of Safety for children, Berg en Dal Center and Crises Center for unwed mothers, an organization supporting mothers and children in Hercules, Pretoria.

The elderly or disabled: Brainlife South Africa who support individuals after serious accidents, the Van Rensburg Home for the Elderly in Pretoria West, residents from the Frail care center at Bronberg, Paul Jungnickelhouse (Kungwini).

Other Organizations: The Rangers of the Rhino Foundation in the Kruger National Park, all the people who work in Bronberg Retirement Village.

Rotary Club of **Hoedspruit**

The RC Hoedspruit has been raising funds for conservation and social upliftment programmes through the Rotary K2C Cycle Tour for the past 8 years.

This year, the event will be extra special. The one-day cycle tour starts and finishes in Timbavati and follows a thrilling new 100 km circular route through pristine bushveld on the Timbavati, Thornybush and Kapama Big 5 reserves.

In addition, the RC Hoedspruit have collaborated with award-winning wildlife artist Warren Cary to design Collector's Edition Cycle Apparel for the 2023 K2C Cycle Tour. The tour is limited to 100 riders and each rider will be presented with a designer cycle jersey and jacket from the 2023 cycle kit. Designer shorts, technical t-shirts and other kit items are also available.





Friends and family can also purchase items from the collection to assist in additional fund raising for the event. Go to www.k2c-cycletour.co.za to place your orders.

This year the *dung beetle* was chosen to appear on the Collector's Edition Cycle apparel and on all the advertising posters Warren Cary has also created a poster depicting a dung beetle rolling its dung ball which will be made available for sale to all participants and supports of the event.

The allure of the dung beetle is its ability to roll a ball of dung 3 or 4 times its size as it determinedly does a handstand and with its back legs propels the ball forward to provide it with food and egg incubation.

Contact Lovelle Henderson lovelle@iafrica.com for more information about the Rotary K2C Cycle Tour.



District 9400 **EVENTS CALENDAR**

25-26	May 2023	Global Malaria Congress - Melbourne 2023
21	May 2023	RLI Training
27-31	May 2023	2023 Rotary International Convention in Melbourne, Australia Learn more at convention.rotary.org
31-3	Aug-Sept 2023	RYLA camp in Magoebaskloof
16	September 2023	World Cleanup Day in D9400 Contact: Babette Gallard <u>babettegallard@gmail.com</u> or Mandla Mliphalf <u>mandlamlipha@gmail.com</u>

The Four-Way Test

Of the things we think, say or do:

- 1. Is it the TRUTH?
- **2.** Is it FAIR to all concerned?
- 3. Will it build GOODWILL & BETTER FRIENDSHIPS?
- 4. Will it be BENEFICIAL to all concerned?

A Prova Quádrupla

Do que pensamos, dizemos ou fazemos:

- 1. É a VERDADE?
- 2. É JUSTO para todos os interessados?
- 3. Criará boa VONTADE e MELHORES AMIZADES?
- 4. Será BENÉFICO para todos os interessados?

DISTRICT 9400









To view the 4-Way Test in some of the other languages spoken in D9400, click **here**

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