

DISTRICT GOVERNOR'S NEWSLETTER

Botswana, Eswatini, Mozambique and South Africa

MARCH 2023



*Message from the District Governor:
Koekie Makunyane-Quashie*

*Mensagem Da Governadora Do Distrito:
Koekie Makunyane-Quashie*

Dear fellow Rotarians, Anns, Rotaractors and Friends of Rotary,

Fellow Rotarians, District Conference is now just a few weeks away and I hope all clubs are planning to attend from April 27th - 1st May, at Esibayeni Lodge, Eswatini. District Governors always wish for certain things during their year to be very successful and the District Conference is one of those, and I am encouraging all clubs to support our District Conference.

Attending conference is an integral part of celebrating our successes and recognitions of Rotarians and clubs. It also gives you a golden opportunity to meet more Rotarians, allowing for fellowship, sharing of ideas, experiences and projects and inviting your return for our full Kingdom of Eswatini experience! **Please register now if you have not already done so!**

Our Discon organizing team is planning an exciting conference with fantastic speakers and topical discussions to be had – not to be missed! We will also have fun things - Auctions, Golfing, Excursions as well as great food, and entertainment.



2022/2023
DG Koekie Makunyane-Quashie

Clubs have sent in nominations for awards and these are being reviewed. This will truly be a hard job, as so many clubs and Rotarians in our district are very deserving.

In March Rotarians focused on Clean water, sanitation, and hygiene. I trust you have done your bit to continue to educate on the basic necessities for a healthy environment and a productive life. When people have access to clean water and sanitation, waterborne diseases decrease, children stay healthier and attend school more regularly, and mothers can spend less time walking for kilometers carrying water and more time helping their families.

Caros Companheiros Rotários, Anns, Rotaracts e amigos do Rotary,

A Conferência do Distrito está agora a apenas algumas semanas e espero que todos os clubes estejam a planear a sua participação de 27 de Abril a 1 de Maio, no Esibayeni Lodge, Eswatini. Os Governadores de Distrito desejam sempre que certas coisas durante o seu ano sejam muito bem sucedidas e a Conferência Distrital é uma delas, e encorajo todos os clubes a apoiarem a nossa Conferência Distrital.

Participar da conferência é parte integral da celebração dos nossos sucessos e reconhecimentos de Rotários e clubes. Também lhe dá uma oportunidade de ouro para que conheça mais Rotários, permitindo-lhe companheirismo, partilha ideias, experiências e projectos e é m convite para que volte para uma experiência completa no Reino de Eswatini! **Por favor, faça a sua inscrição agora se ainda não o fez!**

A nossa equipa organizadora do Discon está a planear uma conferência emocionante com oradores fantásticos e discussões temáticas a não perder! Também teremos coisas divertidas - Leilões, golfe, excursions, bem como boa comida e entretenimento.

Os clubes submeteram candidaturas a prémios e estes estão a ser revistos. Será realmente um trabalho árduo, porque muitos clubes e Rotários do nosso distrito são muito merecedores.

Em Março, os Rotários centram-se na água potável, no saneamento e na higiene. Espero que tenha feito a sua parte para continuar a educar sobre as perguntas básicas para um ambiente saudável e uma vida produtiva. Quando as pessoas têm acesso a água potável e saneamento, as doenças transmitidas pela água diminuem, as crianças permanecem mais saudáveis e frequentam a escola com mais regularidade, e as mães podem passar menos tempo a caminhar por quilómetros a carregar água e mais tempo a ajudar as suas famílias.

March is also Women's History Month and we celebrate the women of Rotary who help to make the organization strong.

We also celebrate the future of our Rotary organization as typified by our young adults - Our Rotaractors. I hope our "future generation" had fun celebrating themselves in meaningful ways.

International Convention

Do not forget to sign up for the 5-day Rotary International Convention in Melbourne, Australia from 27th – 31st May. It is a world where men and women from all over the globe come together to build peace, to serve others, and to enjoy the fellowship of Rotary.

Disaster Relief

The Disaster Relief Grant application for Mozambique was successful and will enable for more relief to be rendered to those affected by the floods.

Again, I heartily encourage you to attend our District Conference, 27th April– 1st May 2023!

Be blessed.

DG Koekie

Março também é o Mês da História da Mulher, e celebramos as mulheres do Rotary que ajudam a fortalecer a organização.

Também celebramos o futuro da nossa organização Rotária, como tipificado pelos nossos jovens adultos – os nossos Rotaracts. Espero que a nossa "geração futura" se tenha divertido a celebrar-se de forma significativa.

Convenção Internacional

Não se esqueça de se inscrever para a Convenção Internacional do Rotary, de 5 dias em Melbourne, Austrália, de 27 a 31 de Maio. É um mundo onde homens e mulheres de todo o mundo se unem para construir a paz, servir ao próximo e desfrutar da comunhão do Rotary.

Ajuda para casos de catástrofe

A subvenção para assistência para casos de catástrofe solicitada para Moçambique foi bem sucedida e permitirá prestar mais ajuda humanitária àqueles afectados pelas cheias.

Mais uma vez, encorajo-vos vivamente a participar na nossa Conferência Distrital de 27 de Abril à 1 de Maio 2023!

Bênçãos,

DG Koekie

Nominations needed for D9400 Council of Legislation representative

The 3-year term of the current D9400 Council of Legislation representative, PDG Annie Steijn, expires on 30 June 2023. District Leadership would like to invite nominations for this position, and also note that PDG Annie has kindly made herself available to stand again.



District selects a representative every 3 years to serve at the Councils on Resolutions and the Council on Legislation that take place during their Council term. The new term will be from 1 July 2023 through 30 June 2026. The Council representatives will represent their district at the 2023, 2024, and 2025 Councils on Resolutions and the 2025 Council on Legislation.

The selection of the representative and alternate must be conducted in the 2022-2023 Rotary year and reported to Rotary International by 30 June 2023 using the online representative selection form. The election will thus be held at the D9400 Discon in Eswatini in April. Club nominations must be accompanied by their nominee's CV, and must reach the District Secretary alice@rotary9400.org.za by 31 March 2023. Procedures for the selection can be found in Article 9 of the RI Bylaws.

To serve as representative, a candidate must be a club member in the district and have served a full term as an RI officer (e.g. District Governor). Digital literacy is important and there is also a requirement to complete mandatory Council training. The individual must be able to attend the Council on Legislation for its entire duration - a week of long days.

Duties of a Council representative include:

- Assist clubs in preparing proposed resolutions and enactments and discuss those at district meetings;
- Give critical consideration to all proposed resolutions and enactments and effectively communicate their views on such proposals to the Councils;
- Report on the deliberations of the Councils to the clubs in their district following the meetings of the Councils.

Message from Jennifer Jones RI President 2022-23



Mensagem Da Jennifer Jones RI Presidente 2022-23

As we planned for this Rotary year, I could have never "imagined" the breadth of stories we would encounter nor the scope of the people we would meet.

I find oxygen in sharing time with our members — hearing their truths and learning about their personal journeys and their deepest desires for goodness.

And so it was that I encountered two very different men with very similar stories.

One-hundred-year-old Genshitsu Sen is a remarkable human being and a joyful soul. We greeted each other in Kyoto, during my trip to Japan in November, with a hug and an instant connection.

Not only is Sen a former grand master of the Urasenke tea tradition but he is also an active member of the Rotary Club of Kyoto, where he has served as club president. He assisted in the charter of the Rotary Club of Kyoto-South. And he has also served as governor of District 2650 and held leadership roles in Rotary International and The Rotary Foundation.

During that same week, I had the great pleasure to record a birthday video for a 100-year-old World War II naval hero who is an exemplary leader and who served two terms as governor of District 5810 in Texas.

Both men are decorated World War II heroes in their respective countries and share unthinkable history. And although they served on opposing sides of the war, their stories are remarkably similar — and they are both honorable men who chose Rotary to carry on lives of peacemaking.

I have been reflecting so much lately that we are all on this planet simply trying to do our best, and we are much more similar than we are different.

I feel incredibly fortunate to share in these stories and to meet such incredible people.

Quando planeamos para este ano Rotário, eu nunca poderia ter "imaginado" a amplitude das histórias que encontraríamos ou o alcance das pessoas que encontraríamos.

Encontro oxigénio em partilhar tempo com os nossos membros — ouvindo as suas verdades e aprendendo sobre as suas jornadas pessoais e os seus desejos mais profundos de bondade.

E foi assim que encontrei dois homens muito diferentes, com histórias muito semelhantes.

Genshitsu Sen, de 100 anos de idade, é um ser humano notável e uma alma alegre. Nós nos cumprimentamos em Kyoto durante a minha viagem ao Japão em Novembro com um abraço e uma conexão instantânea.

Sen não é apenas um ex-grande mestre da tradição do chá Urasenke, mas também um membro activo do Rotary Club de Quioto, onde actuou como presidente do clube. Ele apoiou na criação do Rotary Club de Quioto-Sul. Além disso, foi Governador do Distrito 2650 e ocupou cargos de liderança no Rotary Internacional e na Fundação Rotária.

Durante essa mesma semana, tive o grande prazer de gravar um vídeo de aniversário para um herói naval da Segunda Guerra Mundial de 100 anos de idade que é um líder exemplar e que serviu dois mandatos como governador do Distrito 5810 no Texas.

Ambos são heróis condecorados da Segunda Guerra Mundial nos seus respectivos países e partilham uma história impensável. E embora tenham servido em lados opostos da guerra, as suas histórias são notavelmente semelhantes — e ambos são homens honrados que escolheram o Rotary para levar a vida de pacificador.

Tenho reflectido tanto ultimamente que estamos todos neste planeta simplesmente tentando fazer o nosso melhor, e somos muito mais parecidos do que diferentes.

Sinto-me incrivelmente afortunada por partilhar estas histórias e conhecer pessoas tão incríveis.



Time to celebrate our Rotary Heroes! **Club Presidents must Nominate Now!**



Nominations for DISTRICT AVENUES OF SERVICE AWARDS — club, vocational, community, international, and youth service — must be submitted [HERE](#) immediately.

Awards will be presented during the District Conference in Eswatini.

IT'S NOT TOO LATE TO REGISTER FOR DISCON 2023



The District Conference (DISCON) of D9400 takes place 27 April to 1 May 2023 at Esibayeni Lodge, near Matsapha in the Kingdom of eSwatini. The theme of the conference this year is *"Imagine the Magic and Celebrate Rotary"*. The conference language will be English and Portuguese.

Join the DISCON23 Whatsapp group to find out more about the programme, and arrangements for accommodation or transport. Follow the link: <https://chat.whatsapp.com/LaQFhJSTW89oCpPk3ZuzS>

You may [register](#) manually or electronically.

DISCON	DAY	DATE	EVENT	EVENING FUNCTION
Day 1	Thursday	27 th April	Registration, District Assembly and AGM	Meet & Greet
Day 2	Friday	28 th April	District Conference meeting	Celebrate Africa Night
Day 3	Saturday	29 th April	Rotary Project visit	Gala dinner
Day 4	Sunday	30 th April	Packages different options	

Local Rotarians will meet RIP Jennifer Jones



Rotarians country-wide have jumped at the opportunity to meet RI President Jennifer Jones when she visits South Africa during April. She will be in Cape Town on 5 April and will be available from 17h30 to 20h00 at the Kevin Grove to meet and mingle with local Rotarians.



D9400 Rotarians also have the opportunity to meet RIP Jennifer Jones when she is in Gauteng on 10 April. The event will be from 17h30 to 20h00 at the Rotary HQ in 27 Owl Road, Milpark. Unfortunately the venue capacity is extremely limited and only those who were quick to react have been able to secure their attendance.



Imagine What's Next with Rotary!

Melbourne, Australia, 27-31 May 2023

Rotary members will come together and share their passion for Doing Good in the World. Come connect with other people of action.

[Register Today](#)

Melbourne Convention Registration Report for District 9400

Registration Goal for District 9400	30	
Paid Registrations as of 27 March 2023	11	36%
Total Registrations as of 27 March 2023	15	50%

APRIL IS MATERNAL AND CHILD HEALTH MONTH

During April we celebrate one of Rotary's main focus areas - Maternal and child care. Every day mothers risk their lives giving birth and millions of children die each year from treatable, preventable causes.

Rotary makes high-quality health care available to vulnerable mothers and children so they can live longer and grow stronger. Rotary provides education, immunizations, birth kits, and mobile health clinics. Women are taught how to prevent mother-to-infant HIV transmission, how to breast-feed, and how to protect themselves and their children from disease.

We expand access to quality care, so mothers and children everywhere can have the same opportunities for a healthy future. It is estimated that close to 6 million children under the age of five die each year because of malnutrition, inadequate health care, and poor sanitation — all of which can be prevented.

Rotary clubs and districts dedicate their efforts to improve access to quality care so that mothers and children can have long-serving opportunities for a healthy future. Projects to support mothers and children include mobile prenatal clinics, cancer screening, and training on how to protect themselves and their children from disease.



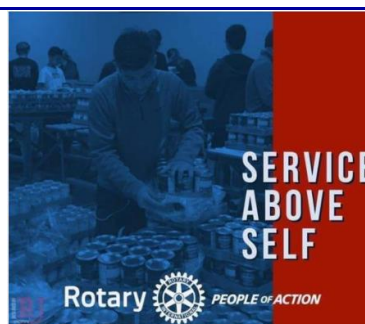
Only 3 districts world-wide get the Rotary Citation for all their clubs

The Rotary Citation recognizes the hard work clubs do throughout the year. Three districts are recognized this year for having 100% of their clubs earn the citation: Districts 2820 (Japan), 3482 (Taiwan), and 7600 (Virginia, USA). To earn the citation, clubs must report achievement of 13 or more goals in Rotary Club Central by 30 June.

[Learn more about the Rotary Citation](#)

VIDEO

inspires members
to take action



A new video highlights the programs and resources that can help your club increase its impact and make your service more sustainable. The video explains how clubs can have a greater impact by working with **Rotary Community Corps**, **Rotary Action Groups**, district resource networks, and Rotary's partners. [Download the video from the Brand Center.](#)

Show the video at your club and district meetings, training seminars, or other events to inspire members and participants to use these resources. Share the video on social media, in newsletters, or on club and district websites. [Learn more about these programs and resources](#)



TIME TO CELEBRATE ROTARY HEROES!

Nominate NOW!

Awards will be presented during the DISCON in Eswatini.



INTERACT

World Interact Recognition:

Recognizes Interact clubs that celebrate the founding of the first club during World Interact Week
Motivate with a description of how they celebrated the day

Best Interact Project:

Motivate with a description of their project and its location

ROTARACT

World Rotaract Recognition:

Recognizes Rotaract clubs that celebrate the founding of the first club during World Rotaract Week
Motivate with a description of how they celebrated

Best Rotaract Club

Include a motivation

Best Rotaract Project

Motivate with a description of their project

PUBLIC IMAGE

Motivate for your nominations

Public Image – Best Newsletter

ROTARY FOCUS AREAS

Motivate for your nominations

Best Project - Basic Education & Literacy Project

Best Project - Rotary Environmental

Best Project - Water & Sanitation

Best Project - Empowering Girls

Best Project - Disease Prevention & Treatment

Best Project - Child & Maternal Health

Best Project - Economic & Community Development

Kindly forward your nominations to Alice Meyer at alice@rotary9400.org.za, copying the DG at koekie@rotary9400.org.za, before the closing date of 7th April 2023

GRADUATION OF AFRICA ROTARY COMMUNITY MEDIATORS



68 African Mediators have graduated following their year-long studies to render mediation services. The training was made possible through an internationally and locally sponsored Rotary Global Grant.

Prior to the 2019 Rotary International Convention in Hamburg, Mediators Beyond Borders International (MBBI) was approached by a small group of visionaries from multiple districts in the Rotary International Zone 22, Southern Africa. Their goal was to build social cohesion throughout the region by training 100 community mediators to celebrate the Centennial of Rotary on the African continent. Although mediation is already part of practices and processes dealing with differences and conflicts, during mediation not all perspectives from groups in society are accommodated.

The need for Community Mediators in Africa resides within the Rotary Foundation focus area: *Peace and Conflict Resolution*. Therefore, AFRICA ROTARY COMMUNITY MEDIATORS (ARCoM) was established with a future vision mirrored in the ability to have credible independent mediators in every African district. The aim is that mediation professionals, youth, women, community leaders, professionals/specialists involved in peace, security, and development projects, and academics benefit from the training.

ARCoM's Purpose: The pilot project aimed to establish mediation teams consisting of "Africa Rotary Community Mediators". Initially, the aim was to focus on Districts 9350, 9370, and 9400 first and then replicate the project further up Africa in region 28.



Congratulations to the 68 graduating Rotary Community Mediators (ARCoM)

In partnership with MBBI, the pilot project has successfully trained up Mediators in the following districts:

- 9350: Cape Province of South Africa; Namibia; and Angola
- 9370: Natal and Free State Provinces of South Africa; and Lesotho
- 9400: Gauteng and Limpopo Provinces of South Africa; Botswana; Eswatini; and Southern Mozambique

Through the partnership, ARCoM accomplished what local governments, NGOs, or Rotary Clubs could not achieve on their own. ARCoM looks forward to building on this success in the region and with other Zones through the Rotary Family.



PDG Annemarie Mostert, PDG Grant Daly, DGE Riana Pretorius, DG Koekie Makunyane-Quashie, PP Hans Mostert and PDG Annie Steijn

SUCCESSFUL POETS 2023

This Rotary year has seen two full-day sessions of the in-person **Presidents & Officers Elect Training Seminar (POETS)**. The training team and all those in attendance were excited as the in-person training will allow more interaction.



A large crowd attended the training held on **Saturday 04 March 2023**. Thank you for the great attendance both online and in person. Everybody who attended will receive an invite to Box, where the presentations as well as the breakaway presentations will be available. Please access and review this information. You can also use it for club training to enlighten fellow Rotarians.

Delegates to the POETS were particularly excited about the prospects outlined during the launch of the next **DISCON** which will take place in **May 2024**, the year during which DGE Riana Pretorius will be District Governor.



AND HERE'S THE STATISTICS

The two training sessions had a record attendance with 86 Assistant Governors and Presidents as well as 38 Secretaries and incoming Membership directors registered. At the in-person breakaway sessions there were about 13 Rotarians on each day at the Treasurer session and 10 at Foundation. Unfortunately Zoom doesn't give on-line numbers, just a total.

18 FEBRUARY

In person – 65
Online – 32

4 MARCH

In person – 85
Online – 51

TOTAL = 233

In Person – 150
Online - 83

Licensed products protect Rotary's brand

Did you know that you can strengthen and protect the Rotary brand simply by purchasing merchandise from Rotary's approved and licensed vendors? More than 100 of these vendors around the world are ready to supply your club with Rotary-branded merchandise, such as T-shirts, hats, club supplies, and more. Buying merchandise from licensed vendors increases our brand recognition and protects Rotary's trademark rights.

D9400 has its very own vendor – Contact **Barry Hewstone** at the Promoworld premises in Edenvale today for all your Rotary requirements. <https://merchandisestore.co.za/rotary/>

Cell: 083 7773777 Email: rotary@promoworld.co.za



**CLICK HERE
TO BROWSE
CATEGORIES**

The Rotary Foundation

CADRE OF TECHNICAL ADVISERS



[The Rotary Foundation Cadre of Technical Advisers](#) is a group of Rotary members from around the world who volunteer their technical and professional expertise in one or more of Rotary's areas of focus or auditing and are familiar with Rotary grants.

Cadre members visit global grant projects that receive more than \$50,000 from TRF. They strengthen the impact of Rotary's grants by assisting Rotarians in planning projects and safeguarding Foundation funds. Cadre members ensure that grant-funded projects are good investments and that they result in decisive progress. Project sponsors can make a bigger difference by working with Rotary Community Corps, district resource networks, the Cadre of Technical Advisers, Rotary Action Groups, and Rotary's partners.

The Cadre is composed of more than 500 members from 75 countries who speak more than 80 languages. Sign in to **My Rotary** and run the **Cadre Member Information** report to find a member of the Cadre who has expertise in your project's area of focus.

The Cadre leaders and staff will:



- Serve as consultants to Rotary staff and Rotary members who are planning and implementing [grant projects](#)
- Assist The Rotary Foundation Trustees with the grant funding process by reviewing grant applications
- Evaluate the implementation of projects that have been funded by Foundation grants to ensure that the funds are being used properly
- Perform programmatic audits to ensure that Foundation grant funds are being used in accordance with the terms and conditions for Rotary grants and that stewardship guidelines are followed
- Carry out evaluations and interviews associated with Rotary's [Grant Model Evaluation](#) as well as other Rotary initiatives and partnerships

**VACCINES WORK.
THE FIGHT TO END
POLIO IS PROOF.**

WORLD IMMUNIZATION WEEK
24-30 APRIL 2023
endpolio.org | [#endpolio](https://twitter.com/endpolio)



During World Immunization Week, **24-30 April**, join us in advocating for polio eradication and the importance of vaccines.

As one of the greatest advances of modern medicine, vaccines are safe, effective, and save millions of lives each year. Our progress in the fight to end polio is proof that vaccines work.

The Global Polio Eradication Initiative (GPEI) estimates that the polio vaccine has saved more than 20 million children around the world from paralysis. However, approximately 12.5 million children are totally unvaccinated. They are known as zero-dose children, and vaccinating them is critical to stopping polio for good.

We need to continue vaccinating the world's children against polio, because polio anywhere is a threat everywhere.

Find the World Immunization Week Toolkit [HERE](#)

PLEASE NOTE: Rotary districts can give [District Designated Funds \(DDF\)](#) to PolioPlus to help meet our goal of raising US\$50 million each year to eradicate polio.

Here's how you can support Rotary's efforts during World Immunization Week:

- Use the [World Immunization Week Toolkit](#) for graphics and sample posts to share on social media with the hashtags [#EndPolio](#) and [#VaccinesWork](#).
- Download and share our video, "[Zero-Dose Children](#)."
- [Donate](#) to PolioPlus to help Rotary and our partners deliver polio vaccines to vulnerable children. Or start an online fundraiser to help us end polio using [Raise for Rotary](#) and share it with your network. Contributions will be matched 2-to-1 by the Bill & Melinda Gates Foundation.

Rotary Clubs of Gauteng

Collaborative Blanket Drive



The Annual Blanket Drive, a collaborative club project within Rotary District 9400 is once again underway. This highly successful project is now in its 14th year. The drive is open to all clubs, organisations, schools and religious institutions, etc. in District 9400 to support those who are less fortunate or in need during the cold winter months.

This year, a minimal price increase has been negotiated and the blankets are of the same good quality, fast grey, fully edged and washable. Single bed size – 150 cm x 200 cm blankets are **R90.00** each including VAT.



With the increase in banking costs, cash deposits are no longer accepted. An EFT into the bank account would be preferable. Please reference your payment carefully and clearly with the name of your Club / institution to enable the correct allocation of your proof of payment. Failure to do so causes difficulty in allocating the funds to the correct Club and delays the process. Banking details are as follows:

Account Name: ROTARY COLLABORATIVE BLANKET DRIVE

Bank: Standard Bank, Fourways Crossing (Universal Branch code: 051001)

Account No. 042407974

Reference: Your Club Name

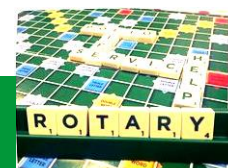
Orders and proof of payment must be sent to BOTH:

Debbie Hopewell: debshopewell@outlook.com AND to Brenda McCallum: brenda@albaco.co.za

- Please include the FULL name of your Club / Institution, email address, contact name and mobile number of the person that has been authorised to collect the blankets. Should you require a **Proforma Invoice** for your records, kindly let Debbie know and she will send one to you.
- On receipt of the funds in the bank account, a **Purchase Order** will be issued to Sesli Textiles (the blanket supplier). You will receive a copy of this via email which will double as an authorisation to collect the blankets. Full details of the collection address, telephone numbers etc. will be reflected on the Purchase Order.
- ALL BLANKETS NEED TO BE COLLECTED - there are NO promised deliveries except by special arrangement for very large orders, with a likely surcharge per blanket.
- On receipt of your purchase order, you may then contact Sesli Textiles or John McCallum (specified details will be provided) to arrange a specific date and time for you to arrive at the specified collection address.
- Please take a printed copy of the purchase order with you when collecting your blankets. This must be presented at the collection address and you will be asked to sign the relevant delivery note on collection.
- Debbie Hopewell (Operations) will process the Purchase Orders for Clubs, institutions or individuals on a weekly basis, so please plan well in advance and allow a few days for processing.

Join the webinar series for

CULTIVATING EFFECTIVE PROJECTS



All Rotary members are invited to participate in an exciting five-part webinar series designed to support you as you cultivate effective projects that will create a sustainable impact in your community and around the world. These webinars will offer tools and strategies to help you plan, find resources for, implement, and evaluate your projects, including youth service projects.

Learn more about the specific topics: Planning a Project: Design for Results, Finding Project Partners and Resources: Build an Effective Team, Measuring Results: Demonstrate Your Impact and Expanding Reach: Partner with Youth in Service

Register now for Thursday, 6 and 20 April Friday 21 April and 5 May

World Cleanup Day 16 September 2023 ...

District 9400 Needs You!



World Cleanup Day started in 2008 in Estonia. It was a massive success with more than 15,000 volunteers participating. Since then, it has become the largest civic-led environmental campaign in the world with millions of people participating each year.

Rotary International President, Jennifer Jones, has asked us to IMAGINE. Now we want you to IMAGINE every club in District 9400, with Rotarians as well as all Rotaract and Interact members, coming together to clean a park ... a river ... a lake or a beach ... a street ... in their region.

For more information, contact: Babette Gallard babettegallard@gmail.com (Rotary Club of Johannesburg new Dawn) or Mandla Mliphahla mandlamliphahla@gmail.com (Rotary Club of Malkerns Valley). They are also prepared to talk in more detail about the day and propose coming to a central venue where a number of clubs could attend together.

IMAGINE the environmental impact and the fellowship.



Rotary goes #plasticfasting

What? We want to raise awareness and set a good example. We can't empty the big bathtub full of plastic ourselves, but we can help turn off the tap.

Why? We are 1.4 million Rotarians. If we are all in, we can make a big difference.

And now? We fast during Holy Week. You do without plastic, e.g. when shopping, or take part in one of our challenges:

- Packaging:** Replace a product in plastic packaging with one made of paper or glass
- Shopping:** Use baskets, bags, fruit nets for shopping
- Clothing:** Where possible wear clothes made from natural materials for a week
- Body:** Change something in your „beauty routine“ so that your body comes into less contact with microplastic
- Action:** Encourage a business in your area to switch to plastic-free alternatives e.g. to change over for packaging

Share your experience (photo, comment, text) and become part of the great Rotary-goes-plastic fasting collage.

Use #plasticsoup or send an email to endplasticsoup@rc-nbg-connect.com.



#plasticfasting

Participate in the D9400 challenge!!!!

Join the Rotary Club of Johannesburg New Dawn in their Holy Week Plastic Fast on **Sunday, 2 April, 2023 and Saturday, 8 April, 2023.**

Ask the members of your club to tell what they did and how much they were able to reduce their plastic consumption, and we will report your success in the next DG Newsletter.

Challenges include:

- Packaging
- Shopping
- Clothing
- Body
- Action

If you are interested, get the **Plastic Fast Questionnaire** from babettegallard@gmail.com

ANN'S MESSAGE

FROM DGA CHRISTINA

Dear Rotary Anns of D9400,

What a simply wonderful treat the Germiston Rotary Anns brought us with their Conference held on 11th March in the impressive hall of the School of Achievement. DG Koekie and DGE Riana were also present and each briefly addressed the Anns, paying well-deserved tribute to them.



*Beautiful table at the Ann Conference
in honour of Ukraine*

The stunning décor was created in honour of the people of Ukraine with suitably printed cloths and centrepieces of sunflowers floating in bowls, with each Rotary Ann and guest receiving given a small cactus planted next to a beaded sunflower, as well as a laminated Rotary Prayer on a theme background. A creative and very lovely effort!

The guest speaker, Sherie de Wet, gave a lively and amusing presentation on Palesa Pads, reusable sanitary solutions for women and girls. A very impressive product that seems very different to the others.



*Sherie de Wet gave a lively and
amusing presentation on Palesa Pads*

AWARDS

The DGA and DGAR team had jointly decided on the awards and the following trophies were received.

- Best Participation in the DGA Theme: Kyalami – New Life Centre for Girls
- Club with Best Attendance – Riverside: based on distance travelled and 100% attendance
- Consistent Achievement by a Small Club: Riverside
- Rotary Ann who did the most for DGA – Rosalind Cartwright
- Best Communication with Rotarians – Pietersburg 100
- Most Original Project: White River – Blanket square Christmas tree
- Rotary Ann of the Year – Sylvia Knoop



Congratulations to all recipients, as well as those who were awarded Certificates. Janet Mullen, RA Club of Riverside, received a special mention to honour her 90th birthday on 27th March.

We hope it was a wonderful and memorable day, Janet. Our sincere thanks and congratulations to Gail, Marlene and the Germiston team. We hope you enjoyed the day as much as the rest of us did!

*The Riverside Rotary Anns display their trophies
and raffle prize.*

PROJECTS

The Kyalami Rotary Anns received a donation of various sized teddies, which have gone to the Teddy Bear Clinic, a centre where abused children receive counselling and are prepared to testify in court. They also received a number of traditional dresses which they have decided to take to the New Life Centre for Abused Girls – our winning DGA Theme Project!

The Pietersburg 100 Anns were also busy helping the Kabosadi Disabled Centre for their garden project, for which they donated seeds, 10 indigenous trees and 20 Spekboom. Well done to these and all the Rotary Ann Clubs that keep busy by giving to their communities.



*A donation of teddies for the Teddy Bear Clinic and traditional dresses –
RAC Kyalami.*



*Setting up a garden project of the disabled –
RAC Pietersburg 100*

DISCON

The Discon Committee and eSwatini Rotary Clubs are looking forward to welcoming everyone to DG Koekie's Conference on 27 April. If you haven't booked, please do so. It has been announced that there are now options for attendance packages and the tours have been reduced by R550, thanks to an unexpected sponsorship that was received. The other good news is that refunds will apply to those who have already applied in full and will be given at Conference!

So please join us and we look forward to a weekend of fun and fellowship with you!

Yours in Rotary,

DGA Christina

DGA Christina Forsyth-Thompson 2022/23

POETS

The Ann Poets Training will take place on 20 May so please save the date! Again, I must stress that all incoming Presidents, Secretaries and Treasurers need attend to be up to date with Rotary matters and to have an insight into the RI Theme.

Rotary Anns are also encouraged to attend. Your District Ann Trainer PDGA Janet Callard has a great programme lined up for you and the Zoom link will be supplied closer to the time.

Rotaractors



Every year during the **Rotaract week** from **13 to 19 March**, we celebrate the youth's involvement in Rotary's focus areas. In November 2022 during the Rotary Institute in Basel, a new idea of connecting Rotary and Rotaract was born - to make an annual world-wide event called **Rotary Meets Rotaract!** It was highly supported by Rotary International President, Jennifer Jones, and active Rotaract members from Europe.

The core idea is to bring together Rotary and Rotaract members to get to know each other. This project would be a great way for Rotary and Rotaract members from around the world to build connections and friendships with people from different clubs. Also, Elevate Rotaract has given a chance for Rotaract members to have dual membership of both Rotaract and Rotary clubs. This is a great opportunity to bridge the gap and involve Rotaract members in Rotary. The goal is for Rotary and Rotaract members to meet, how you are doing it, is entirely up to you.

How?

There are many ways:

- Invite each other's club to the weekly club meeting
- Do a joint project between two clubs
- Host a networking event with members from more than one Rotary and Rotaract club



Why?

"Together we are strong" - each generation has its advantages and by cooperating between the generations we can achieve even more in charity projects we all love.

Press "going" on the Facebook page event and follow the news of what has happened this year: <https://bit.ly/Rotary-event>
Register in the link to participate in the event next year: bit.ly/Rotary-form. After participating in the event, please send your photos to the following email address: projects@rotaracteurope.eu



D9400 PEOPLE OF ACTION

Click [here](#) to view Club newsletters and stories online! Send your Club Newsletters to admin@rotary9400.org.za to have them loaded onto the D9400 website!

Rotary Club of Maputo

The RC Maputo held a Cocktail Celebration of the Day of Peace and World Understanding and Rotary's 118th anniversary at Hotel Cardoso on 23 February. The event was attended by about 40 people, including Rotarians and guests who enjoyed the opportunity for networking.

The evening had two highlights, the first in which the PP Florencio Infante spoke about the history of the RC Maputo from its inception to the present day. Dr. Jorge Ferrão addressed themes about peace and natural disasters that plague Mozambique in his presentation. He invited Rotary not to be marginalized in the discussion about the proposal of law of the non-governmental organizations.



Rotary Club of Waterkloof

Since the inception of Rotary Family Health Days (RFHA), the Department of Health and the Rotary Clubs in South Africa, in partnership with several civil society organisations, have reached over 230,000 people from communities in various provinces in South Africa providing free access to approximately 750,000 individual free services.



The 2023 focus was on informal settlements, farmworker communities, the flood damaged areas and the Call to Action for Measles Vaccinations. This year RC Waterkloof and their Rotary Community Corps manned six sites during the RFHD collaborative project with the Department of Health.

By visiting a Rotary Family Health Days site, people had universal access to:



DoH recognises the partnership to be of strategic importance in its fight against the quadruple burden of disease (now including COVID-19) that is prevalent in South Africa, enabling the Department to reach communities that would otherwise not have easy access to such free comprehensive health services.

- Screening, testing, counselling and referral for diseases such as HIV/Aids, TB, hepatitis, malaria, and some cancers, child health services and assessments, deworming, vaccinations, and nutritional assessments, screening, testing and counselling for mild disabilities, preventable diseases, sexually transmitted diseases, and non-communicable diseases such as high blood pressure, cholesterol, and diabetes, health education and awareness, family planning, and antenatal care, information and guidance on healthy lifestyle choices.

Add-on services varying from site to site included:

- Optometry, audiology and dental examinations, mental health counselling, education for adolescent and young girls, distribution of male and female condoms, personal hygiene products, and non-prescription reading glasses.

Rotary Club of Pretoria Hatfield

RC Pretoria Hatfield celebrated its 26th birthday during March. President Lololo Kopanyek welcomed the Club's AG and all the Rotarians present before handing over to some of the Past Presidents of the club to relate the history of the club and their favourite memories.

RC Pretoria Hatfield started with 25 charter members of which two were female. The Club has received a Rotary Citation every year. Through the years there have been many projects:



Cheap tablets for the blind, with substantial grant funding from the Belgian Government, several wheelchair projects, painting the children's cancer ward at the Pretoria Academic Hospital and donating toys as well as providing food to Wensaam Kindersorg in Elandspoort, especially during COVID. The club's Lesotho Outreach project supports a school and the community. Fundraising has been successful with golf days, parking attendance, several dinners and District grants.

The Club has been very active in the short- and long-term Youth Exchange, having sent out many children and hosting children from other countries. The club also has Life Skills and other projects targeting the youth. In addition, they have hosted many Friendship Exchange Rotarians from other countries.

Rotary Club of Vanderbijlpark

RC Vanderbijlpark also celebrated RFHD. Together with the Sedibeng District Health Services and Anova Health Institute, they provided various health interventions to the Bophelong community at the Emfuleni Primary School. Some of the Rotarians also made use of the opportunity to have their health status checked RFHD as well.



The club appreciates HOD Sandy Chetty and the staff of Emfuleni Primary school and the Sedibeng District Health Services and volunteers for their assistance in contributing towards the success of this project. They are also grateful to Debonairs for sponsoring pizzas to the participants of the project.



RC Vanderbijlpark took the opportunity to donate some of the pre-loved dictionaries received from the community for their book sales project.

Rotary Club of Pretoria East

Bronberg Retirement Village had taken hands with the RC Pretoria East for the last six years. A team of ladies in this village have enlightened the hearts of many people with memorable knitted and crocheted articles. The RC Pretoria East provides wool and delivers the finished articles to various institutions.

Hundreds of scarves and beanies, blankets, baby clothing, children's clothing and stuffed toys have been provided to various schools, children's homes, old age homes and to charity sites for people living in organized squatter camps.

At the Kungwini House (Paul Jungnickel House) for disabled adults 200 pairs of bed socks as well as 200 packets of biscuits, donated by Rotarians and well-wishers, were delivered on Valentine's Day.

Nicus Lodge, Steve Biko Hospital, has 50 beds for children suffering from cancer who stay over for a three to six month's chemo treatment. They sometimes arrive for medical evaluation with only one set of clothing. Bronberg Retirement Village donated 200 knitted beanies, some bed socks, 50 blankets and some children's clothing.

Fifty Beanies were donated to the children of Home for the Needy, a rural crèche supported by RC Pretoria East and a box with 50 beanies received from the South African Association for Cancer Research in Animals (SAACA), was donated for premature babies via the church in Elardus Park, Unitas Hospital and in Laudium.

RC Pretoria East thanks the ladies of Bronberg Retirement Village, fellow Rotarians, and friends for their goodwill.



Delivery of 200 sets of bed socks to Kungwinini (Paul Jungnickel) house for disabled adults and delivery of 200 beanies, 50 blankets and childrens' clothing and bed socks to Nicus Lodge at Steve Biko Hospital

Rotary Club of Waterkloof

On March 18, 2023 RC Waterkloof hosted the "first of its kind" Thanksgiving and Polio Awards Ceremony at Lynwood Ridge Primary School to celebrate the Club's achievement with their EndPolioNow fundraising campaign. Representatives from communities, schools, RCCs and Rotarians attended.

Ever since the campaign was launched by President Mmatepeng "Muda" Temane on 24 October 2022, World Polio Day, at Blue Bird College in Rustenburg, she and DGN George Senosha raised awareness of Polio in various communities, educating them on the importance of vaccinations, to help eradicate the disease. The main campaign objective was to also raise funds for the RI Polio fund.

Club members also played a major role by taking the message across to their respective workplaces and associations within their communities. This combined effort resulted in an overwhelming response and within 4 months, the fundraiser yielded a positive outcome. For the first time the Club was able to contribute to the RI Polio Fund and this was indeed an achievement to be celebrated.



The event was also a platform to appreciate all sponsors who made it possible for the Club's fundraiser to be a success. PDG Stella and PP Grace van Zyl, who both hold significant portfolios relating to Polio, attended as guests of honour and gave moving speeches which encouraged guests to continue spreading the message. The highlight of the ceremony was the handing over of Certificates of Participation by President Muda, to all who supported the campaign.

The "cherry on top" was the awarding of trophies to organisations that performed exceptionally well in terms of monetary contributions. At the top of the list was Ontlametse Phalatse Primary School from Hebron Village in the North West, which also received a floating trophy for the best donor. In second position was Lynnwood Ridge Primary School in Pretoria followed by RCC Synergy Warriors from Soweto.



The Club was also proud to showcase their Junior Polio Ambassadors who are also Title holders of the Little Model Earth pageant. Keabetswe Temane (8), Kopano Senosha (12), Bontle Lebusa (15) and Lethabo Kopa (16) will be actively involved in the 2023 Polio fundraiser. The ceremony ended on a high note as the Club immediately received two monetary contributions towards the fundraiser.

The day also marked the opening of the Club's 2023 EndPolioNow campaign and fundraiser, which will run for the next 10 months. The President also used these awards to encourage communities to continue giving to the Polio Fund.

Rotary Club of White River

RC White River was aghast in February when they heard of the devastating earthquake which hit Turkey and Syria with thousands of people affected by the disaster – countless people left homeless and scores of people killed.



The club decided that it needed to take action and send aid to Turkey, but while the subject was under discussion at a club meeting, news and videos came through of the devastating floods affecting our nearest neighbour – Mozambique. It was unanimously decided that RC White River would channel its resources closer to home.

The club sourced water purification tablets and sent 6000 of these tablets and Forti Grow milk for distribution.

A White River resident who works in Maputo took the club's donation through to President Brian of the Rotary Club of Maputo.

Rotary Club of Maputo

The Workshop on Entrepreneurship and Financial Education presented by RC Maputo took place at The Box Cowork on the 11th of February, from 9 am to 11.30 am.

There were 13 participants present. Fellow speaker Salvador Cossa Junior shared some notions and guidelines on entrepreneurship and financial education.



He underlined some advice on how to be an entrepreneur. The moment was marked by debate, doubts and testimonies from some entrepreneurs.





District 9400 EVENTS CALENDAR

2	April 2023	RLI Training
5	April 2023	Meet RI President Jennifer Jones at Kelvin Grove, Cape Town 17h30 to 20h00. Cost: R150pp
10	April 2023	Meet RI President Jennifer Jones at Rotary HQ in 27 Owl Road, Milpark 17h30 to 20h00 Cost: R300pp
20-23	April 2023	RYLA camp in Magoebaskloof
24-30	April 2023	World Immunization Week
27-30	April 2023	D9400 District Conference – Esibayeni Lodge, Eswatini. Register here
25-26	May 2023	Global Malaria Congress - Melbourne 2023
21	May 2023	RLI Training
27-31	May 2023	2023 Rotary International Convention in Melbourne, Australia Learn more at convention.rotary.org
31-3	Aug-Sept 2023	RYLA camp in Magoebaskloof
16	September 2023	World Cleanup Day in D9400 Contact: Babette Gallard babettegallard@gmail.com or Mandla Mliphalf mandlamlipha@gmail.com

The Four-Way Test

Of the things we think, say or do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL & BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

A Prova Quádrupla

Do que pensamos, dizemos ou fazemos:

1. É a VERDADE?
2. É JUSTO para todos os interessados?
3. Criará boa VONTADE e MELHORES AMIZADES?
4. Será BENÉFICO para todos os interessados?

DISTRICT 9400



To view the 4-Way Test in some of the other languages spoken in D9400, click [here](#)

DISTRICT GOVERNOR
Koekie Makunyane-Quashie
koekie@rotary9400.org.za

EDITOR, DESIGN & LAYOUT
Mariana Purnell
mariana.purnell@egrain.co.za

SEND YOUR SUBMISSIONS TO:
Mariana Purnell
mariana.purnell@egrain.co.za