

DISTRICT GOVERNOR'S NEWSLETTER



SERVE TO CHANGE LIVES
SERVIR PARA
TRANSFORMAR VIDAS

December
2021

Message from the District Governor: Dr Stella Anyangwe

'Tis the season to be jolly!

Fellow Rotarians, Rotaractors and Friends of Rotary, it's that time of year again when we breathe a sigh of relief that the calendar year is almost over, and we've gone through half of the Rotary year. December is **Disease Prevention and Treatment month**, and starts off with World AIDS Day. Till 2020, HIV/AIDS was possibly the health issue given the most attention worldwide. Well, COVID-19 overtook it in 2020, with world attention focusing on the pandemic as it rapidly spread across all continents. We've gone through Alpha, Beta, Delta and Gamma variants of the SARS-CoV 2 virus, and through 1st, 2nd and 3rd waves of the infection. We are now with the Omicron variant and officially in the 4th wave of COVID-19. Life will never be the same again. We are all strongly encouraged, sometimes mandated to be vaccinated, and we must continue with face masks, hand sanitizing and social distancing, to mitigate the effects of COVID-19.

While the pandemic rages, the other diseases of global importance have unfortunately taken a back seat. It was therefore with pleasure that I accompanied the Uhuru Satellite club of RC Pretoria West to the Dr George Mukhari Academic Hospital in Ga-Rankuwa, South Africa, to offer Christmas presents to the children in the pediatric cancer ward of the hospital. Food parcels were also distributed to the families of the children, and staff got gifts. Cancers, in adults and children, can be diagnosed early and treated effectively. So, just as we take our cars for periodic servicing, we must take our bodies to health facilities for regular check-ups.



DG Stella Anyangwe

"Early detection of cancer, at any age, saves lives", says Dr Val Alcantara, Chair of the Uhuru Satellite club. My club visits are over, and they were a valuable learning experience, and hopefully mutually-beneficial.

The selection for the District Governor Nominee-Designate (DGND) successfully took on 10th December, and a candidate (among three proponents) was approved. Clubs were informed of the selected candidate, and were given the statutory 14-day period during which objections to the choice can be made to District. If by 24th December no objections are recorded, then the selected candidate will be officially named DGND, and introduced to RI.

Mensagem Da Governadora Do Distrito: Dr Stella Anyangwe

Esta é a época para se estar feliz!

Estimados Rotários, Rotaractors e Amigos do Rotary, estamos de novo naquela altura do ano em que respiramos com um suspiro de alívio que o calendário anual está quase no fim e que metade do ano Rotário já se foi. Dezembro é o **mês da Prevenção e Tratamento das Doenças**, que começa com o Dia Mundial do SIDA. Até 2020, o HIV/SIDA era o tema de saúde a que mundialmente se prestava maior atenção. Bem, o COVID 19 ultrapassou-o em 2020, com a atenção do mundo focada na pandemia que rapidamente se espalhou por todos os continentes. Enfrentámos as variantes Alpha, Beta, Delta e Gamma do vírus SARS-CoV 2, através da 1^a, 2^a e 3^a ondas da infecção. Estamos agora com a variante Omicron e oficialmente na 4^a onda do COVID 19. A vida nunca vai voltar a ser a mesma. Somos todos fortemente encorajados e algumas vezes obrigados a vacinarmos-nos, e devemos continuar com as máscaras faciais, a desinfetar as mãos e com o distanciamento físico para reduzir os efeitos do COVID 19.

Enquanto a pandemia devasta, infelizmente, as outras doenças de importância global passaram para um plano secundário. Por isso, foi com prazer que acompanhei a oferta de presentes de Natal a crianças da enfermeira de câncer no Hospital Académico Dr. George Mukhari em Ga-Rankuwa, na África do Sul, feita pelo Satélite Club do RC de Pretoria West. Foram também distribuídos embalagens de comida às famílias dessas crianças, assim como o pessoal teve presentes. Os cânceres, em adultos e crianças, podem ser diagnosticados cedo e tratados com eficácia. Por isso, assim como periodicamente levamos as nossas viaturas para serviços de manutenção, temos que levar os nossos corpos às unidades sanitárias para controlo periódico.

"A detecção precoce do cancer, em qualquer idade, salva vidas", diz o Dr. Val Alcântara, Presidente do Satélite Club de Uhuru. As minhas visitas aos clubes terminaram, e elas foram uma útil experiência de aprendizagem, e creio que de benefício mútuo.

A selecção de Governador de Distrito Designado (DGND) foi realizada com sucesso no dia 10 de Dezembro, e um dos candidatos (de entre os três concorrentes) foi aprovado. Os clubes foram informados sobre o candidato seleccionado e deu-se o período de 14 dias regulamentares durante os quais se podem fazer objecções à escolha feita pelo Distrito. Se até 24 de Dezembro não se registarem objecções, então o candidato seleccionado será oficialmente nomeado DGND e apresentado ao RI.

Membership continues to grow in the District, with several clubs inducting new members this month. We look forward to seeing how many Rotarians we will have in the District on 1st January 2022. We should now strive to charter new Rotary clubs, comprising diverse groups of young (below 50 years old) professionals. As said before, our District is still struggling to meet Foundation giving targets. Let's continue to donate as much as we can to Foundation, in the variety of ways possible. EndPolioNow should not just be a slogan, but must be the goal of every Rotarian.

Let me take this opportunity to acknowledge and sincerely thank our District Foundation Chair, PDG Greg Stathacopoulos, for sterling leadership and selfless devotion to the Rotary Foundation. PDG Greg will step down as Foundation Chair on 31st December 2021, as he leaves Rotary for other personal duties. We will truly miss him, and we wish him the very best. We're pleased that he will be replaced from 1st January 2022 by PDG Francis Callard, another Foundation stalwart, to whom we pledge our total support.

The 2022 Maputo Presidential conference is now just round the corner (4-5 March). Let's register en masse for the hybrid Presidential conference, and showcase our bilingual (English and Portuguese) District.

Remember to get vaccinated against COVID-19, and to continue with the COVID-prevention measures of social distancing, mask wearing and hand washing. It is our moral and social duty to do so, to protect ourselves and others. It is the truth; it is fair to all concerned; it will build goodwill and better friendship; it is beneficial to all concerned. We should take stock of what we've done in 2021, and look forward to doing much better in 2022.

O número de membros continua a crescer no distrito com vários clubes a induzirem novos membros este mês. Estamos ansiosos para ver quantos Rotários teremos no Distrito a 1 de Janeiro de 2022. Temos que nos esforçar em induzir mais novos clubes Rotários, integrando os diversos grupos de profissionais jovens (abaixo de 50 anos). Como anteriormente referido, o nosso Distrito ainda está a lutar para atingir as metas de doação à Fundação. Vamos continuar a doar à Fundação quanto mais pudermos, nas várias formas possíveis. Acabar a Polio Agora não deve ser só um slogan, mas uma meta de cada Rotário.

Deixem-me usar esta oportunidade para reconhecer e sinceramente agradecer ao Presidente da Fundação do Distrito, o PDG Greg Stathacopoulos pela excelente liderança e dedicação pessoal à Fundação Rotária. O PDG Greg vai deixar a Fundação Rotária a 31 de Dezembro de 2021, deixando o Rotary por razões pessoais. Vamos decerto sentir a sua falta e desejamos-lhe o melhor. Apraz-nos informar que a partir de 1 de Janeiro de 2022, ele será substituído pelo PDG Francis Callard, outra figura dedicada à Fundação a quem prometemos o nosso total apoio.

A Conferência Presidencial de Maputo 2022 está bem próxima (4-5 Março). Registemo-nos em massa para a conferência presidencial híbrida e divulguemos o nosso Distrito bilingue (língua inglesa e portuguesa).

Lembrem-se de ser vacinados contra o COVID 19 e em continuar com as medidas de prevenção de distanciamento social, uso de máscara e lavagem das mãos. É nossa obrigação moral e social fazê-lo, para nos protegermos e aos outros. É a verdade; é justo para todos os interessados; irá criar boa vontade e melhores amizades; será benéfico para todos os interessados. Avaliemos o que fizemos em 2021, e empenhemo-nos em fazer melhor em 2022.



JANUARY is VOCATIONAL SERVICE MONTH

Vocational Service, the Rotary International Theme for the Month of January is at the heart of Rotary, which was founded on the membership classification system. Business and professional life are the bedrock of Rotary, and Vocational Service is a major force in promoting honour, integrity, and trustworthiness in business.

Originally only one representative from each business or profession was invited to join a club. Paul Harris felt that if several members of the same profession were to join, they would either sit together and "talk shop" or compete against each other for other members' business. The idea of "trade-boosting" was gradually eliminated and by 1912, Rotarians were no longer required to exchange business with one another.

In 1940, Rotary International defined the Object of Vocational Service "to encourage and foster: high ethical standards in business and professions; the recognition of the worthiness of all useful occupations; the dignifying by each Rotarian of his occupation as an opportunity to serve society." Today's Rotarians still pride themselves on being able to use their professional stature and knowledge to make things happen worldwide, wherever there is a need for change.



- VOCATIONAL SERVICE MONTH -

DECLARATION FOR ROTARIANS IN BUSINESSES AND PROFESSIONS

**As a Rotarian engaged in a business or profession,
I am expected to:**

1. **CONSIDER** my vocation to be another opportunity to serve;
2. **BE FAITHFUL** to the letter and to the spirit of the ethical codes of my vocation, to the laws of my country, and to the moral standards of my community;
3. **DO ALL** in my power to dignify my vocation and to promote the highest ethical standards in my chosen vocation;
4. **BE FAIR** to my employer, employees, associates, competitors, customers, the public, and all those with whom I have a business or professional relationship;
5. **RECOGNIZE** the honor and respect due to all occupations which are useful to society;
6. **OFFER** my vocational talents to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community;
7. **ADHERE** to honesty in my advertising and in all representations to the public concerning my business or profession;
8. **NEITHER SEEK** from nor grant to a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship.

The 1989 Council on Legislation adopted this declaration for Rotarians in businesses and professions. The 2004 Council on Legislation further supported this declaration by adopting a resolution that all Rotarians continue their dedication to cultivating a life that exemplifies Rotary's commitment to ethics in business and professions, and that Rotary clubs continue to build upon their significant record of attracting and seeking out individuals who exemplify the high ethical standards of Rotary as the organization moves into the 21st century and its second 100 years of service. (04-290)





D9400 PEOPLE OF ACTION

Click [here](#) to view Club newsletters and stories online!

Send your Club Newsletters to admin@rotary9400.org.za to have them loaded onto the D9400 website!



Ermelo Phoenix RC officially celebrated the charter and founding of the Ermelo Phoenix Rotaract Club on 23 November when six members between 18 and 30 years old were inducted. Charter President is Ms Nikita Damons, Charter Secretary Lawrence Wood Jnr and Charter Treasurer Lushe Coetzee. This Rotaract Club is a youth service club dedicated to finding innovative solutions to pressing challenges while also developing leadership skills and making friendships.

President Lawrence Wood of Ermelo Phoenix RC said "It's a pleasure for our club to be able to sponsor this club and to see our Youth giving back to the community, as well as watching these young adults become leaders in our community." Since being chartered the club has already hosted an outdoor movie night, fed the local homeless and given Christmas gifts to children in the community. The future looks very bright for the club with big plans for 2022.

Ermelo Phoenix Rotary Club



Rotary E Club of Southern Africa D9400

Covenant Garden Estate in Mathibestad is the result of one District Grant that is making a sustainable difference. It was the vision of Rotarian Dr Pat Francis from The Rotary E Club of Southern Africa D9400, who is based in Toronto, Canada. Chief Mathibe, the leadership from Northwest Province, members of the Community, Pat Francis Trust, Sesego Foundation and many other, were at the official launch in April 2014.

With the help of passionate Rotarians in the province, using their vocations, Rotarians Annemarie Mostert, Judith Chinkumbi and Charlotte Khoza started construction in 2012. Volunteers and sponsors joined hands, to support various activities at the centre - from hosting Rotary Family Health Days, rolling out training programmes, looking after families in need, providing after care and extra classes for learners in the area and even feeding thousands of children per year from the sponsored Parmalat kitchen. Today, seven years later, the facility is still spotless and continues to be a beacon of hope.



On 9 December 2021, the commitment and contributions from sponsors and members of the community was acknowledged. Altogether 82 practitioners from 41 Early Childhood Development centres graduated! The training was sponsored by The Townships Project, a Rotary Foundation

district grant from Rotary District 9400, Sesego Foundation and Pat Francis Trust. The Townships Project, through Rtn Martha Deacon, a Canadian who is also a member of the E club, invested in hundreds of small businesses over the past years. This organisation is also part of Rotary Means Business. Each centre in Mathibestad received a sponsored desktop from Busch South Africa, a German based family business.





Members of the RC Pretoria West's Uhuru Satellite club donated gifts for the children in the paediatric oncology ward of Dr George Mukhari Academic Hospital at the Sefako Makatho Health Sciences University (formerly MEDUNSA), as well as food parcels for the children's families, on Monday 14 December. DG Stella Anyangwe joined them in this event, and the special Santa Clause for the occasion was Ossy Alcantara, a member of the Satellite club and spouse of the Club's Chair, Dr Valerie Alcantara.

Gifts were given to every member of the unit, including staff, parents and the children themselves. There were more than enough, and so twenty-four parcels of food were given to staff and mothers resident in the adjacent neonatal ICU ward.

Uhuru Satellite club of Rotary Club of Pretoria West

The staff were very grateful and appreciate everything, especially as these children are going through a tough time. Sister-in-charge Thandi Mohwaduba said that many may not understand or know the impact that can be made on children by such actions as yours. Working in oncology sometimes leaves one emotionally drained as children die often. The difference made by Uhuru is priceless.

Dipuo Rapetswa, a social worker, reported after the party that "Your support brought smiles to our children's faces. Today I will sleep better knowing that my kids are happy, the laughter and the smiles on their faces when they opened their gifts really touched my heart. I am really grateful and appreciate everything you do for us and our kids. Thank you for being a blessing to these kids going through a tough time. I haven't seen Kutlwano smiling ever since he started his chemotherapy last week, and today for the first time when he opened his gift he smiled, and that warmed my heart. I am filled with gratitude. Thank you so much".



Joy Unit and *Reach for a Dream* were two NGOs that supported the club in providing some of the gifts and food. Following the event, two new members were recruited for the Uhuru Satellite club, now poised to be chartered as a fully-fledge Rotary Club!

The Chairlady of Uhuru, Dr Val Alcantara, said the main reason for Uhuru's action was to build friendships and nurture the children and mothers, so that more children are brought into hospital early. Early detection of cancer at any age saves lives, and as leaders, we cannot allow our children to suffer and die when cancer in other countries is curable.

What a great way to celebrate **Rotary's Disease Prevention and Treatment month!**



Rotary Club of Pretoria East



The Rotary Club of Pretoria East received 70 knitted and crocheted blankets (left) from the ladies at Bronberg Retirement Village for Christmas presents at children's homes and old age homes. Some 66 knitted and crocheted blankets (right) were also completed by the ladies of Bronberg and delivered in time to lighten up the festivities of elderly people in Danville.





District 9400 EVENTS CALENDAR

23 February
2022

Rotary Showcase – A live D9400-wide event for each club to showcase its projects

4-5 March
2022

Presidential Conference – [Maputo, Mozambique](#) on Economics and peace, Protecting the environment. See [video](#)

18-20 March
2022

Presidential Conference – [Venice, Italy](#) on Economy & Environment in Harmony

10-14 April
2022

Council on Legislation - Chicago, USA

4-8 June
2022

Rotary International Convention, Houston Texas, USA
Register [here](#)

16-19 June
2022

Hybrid D9400 Conference - Forever Resorts, Bela Bela (Warmbaths), Limpopo

The Four-Way Test

Of the things we think, Say or do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL & BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

A Prova Quádrupla

Do que pensamos, dizemos ou fazemos:

1. É a VERDADE?
2. É JUSTO para todos os interessados?
3. Criará boa VONTADE e MELHORES AMIZADES?
4. Será BENÉFICO para todos os interessados?

DISTRICT 9400



Botswana

Mozambique

South Africa

Eswatini

To view the 4-Way Test in some of the other languages spoken in D9400, click [here](#)

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